

FOOTNOTES NEWSLETTER



FM# 539 (521 Burnet Park Dr., Syracuse, NY 13204)

April 2026

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: www.cnyfolksmarch.org Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

April 2026 Folksmarch

Date: Saturday, April 11th, 9:00 am - 12:00 noon and Sunday, April 12th, 1 - 3 pm

Annual Membership Pass: \$40
Includes Yearly Passport card and 12 monthly walks.

Yearly Passport card: \$10
prorated semi-annually

Monthly Walking Rates:

First Time Walkers FREE!

Adults	\$4.00
Youth 6-18	\$1.00
5 and under	FREE
Family	\$9.00 (max)

CNY Folksmarch Inc. - 2026

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A Spring Walk in a City Park in April

CNY Folksmarch is returning to a popular city park on the West End in Syracuse: Burnet Park. This month's route will combine a loop inside the park, a walk around the oval in Pass Arboretum, and a continuation up and down several Tipperary Hill neighborhood streets. You may even see a remnant of the Green Beer Parade path.



Registration on Saturday, April 11 is from 9 a.m. to Noon. Registration on Sunday, April 12 is from 1 pm to 3 pm. Registration will be in Burnet Park **BEHIND the Arts and Crafts building.** The address is 521 Burnet Park Drive, Syracuse, NY 13204. Walkers may park in the parking lot in front of the Arts and Crafts building or along the roadside curb. The closest park entrance is at the intersection of Burnet Park Drive and Coleridge Avenue.

Along the route, walkers will pass the Stone Throwers monument at the intersection with the upside-down traffic light; Coleman's Authentic Irish Pub; and St. John the Baptist Ukrainian Catholic Church. St. Patrick Roman Catholic Church is nearby. Most of the route will be along park roads and city sidewalks. Dogs are welcome but must be leashed and cleaned up after.

When the village of Geddes joined the city in 1886, Major John P. Burnet, who owned a large farm on Tipperary Hill, donated a 100-acre (0.40 km²) hill top plot to Syracuse now known as Burnet Park for use as a city park. [1] The property was donated with the condition that the city spend \$6,000 to build roads and plant trees. A year later, Burnet was satisfied with the city & efforts, and thus, in 1887, gave the city an additional plot of land, known as the Oak Grove, which is still full of oak trees, on the corner of South Avery Avenue and Whittier Avenue.

The **James Pass Arboretum** was established by the City of Syracuse, New York, through the philanthropy of Adelaide Salisbury Pass and family with the guidance and cooperation of the State College of Forestry (now SUNY-ESF) to be a classic arboretum in the tradition of the Arnold Arboretum in Boston, Massachusetts, that is, a museum of woody plants designed for education and horticultural display. The city is in the process of making improvements at the arboretum to improve the markings and variety of trees planted.

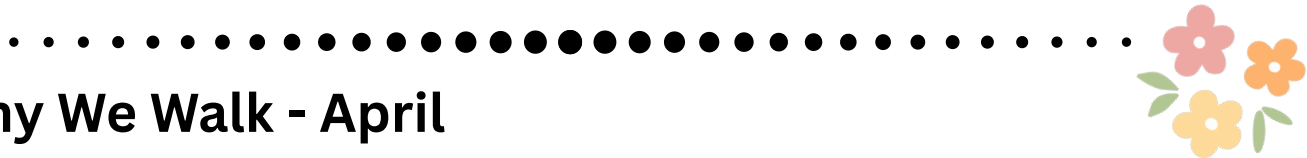




SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: leemount@gmail.com WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.



Why We Walk - April

There’s something about walking in April that feels like a quiet awakening. After months of cold and gray, the world begins to soften. The ground gives a little underfoot, the air feels lighter, and everywhere you look there are small signs of change—buds forming on branches, patches of green pushing through, and birds returning with renewed energy.

In March, we noticed the first hints of that shift—the stillness, the subtle changes, the sense that something was just beginning. April builds on that feeling. It invites us to notice more. When we walk this time of year, it’s not about big, dramatic changes—it’s about the small ones. The first hints of color. The shift in the light. The feeling that something is beginning again, even if it’s not fully visible yet. And then there’s the simple joy of being outside.

After a long winter, stepping onto a trail—whether it’s a wooded path, an open field, or a park close to home—feels refreshing in a way that’s hard to describe but easy to appreciate. Walking becomes less about braving the elements and more about enjoying the experience.

At Burnet Park, this sense of renewal is everywhere. Open spaces, winding paths, and views of the city create a setting where you can take it all in—whether you’re walking with a friend or simply enjoying a quiet moment along the way. And as always, there’s the community. A greeting at the start, a conversation along the route, or even just the shared understanding that we’re all choosing to be here—it’s these small connections that make each walk meaningful.

April reminds us that we don’t have to wait for everything to be in full bloom to begin again. All it takes is a step outside—and a willingness to see what’s starting to grow.



Safe and Sound



Temperatures rising to 40°F and melting snow are not only signs that spring is approaching, but also that your next outdoor adventure might include uninvited travel buddies—ticks! Beyond being creepy-crawlies, ticks can spread Lyme and other diseases through their bites. Although ticks seem to be more abundant and aggressive each year, they shouldn't keep you indoors. Taking precautions and being on the lookout for these little pests can help you catch them before you give them a free ride into your home.

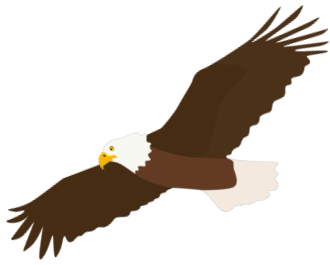
Here are some tips to stay tick-free:

- Wear light-colored clothing, long sleeves and pants. This helps keep ticks off your skin and makes them easier to spot.
- Tuck your clothes from top to bottom. Tuck your shirt into your pants and your pants into your socks or boots to make openings for ticks harder to find. Also remember that your hair is an easy target for ticks to cling to, so keep it tied back or tucked into a hat.
- Use bug spray or permethrin to treat clothing. Bug spray or insect repellent can be applied to clothing and exposed skin around your socks, cuffs, and waistbands. Products that contain permethrin act as pesticides that effectively repel ticks. They can be used to treat clothing, hats, shoes, and gear (backpacks, tents, etc.), and last over multiple washes. These products should never be applied directly to skin.
- Be consistent with tick checks. Ticks are master evaders and can tuck away quickly. Common hiding places include underneath hair in the scalp, behind ears, and in armpits. You should check clothes and any exposed skin frequently while outdoors and do a final, full-body check at the end of day.

Visit DEC's Be Tick Free webpage for additional tips on tick prevention.

This article is taken from the DEC Delivers online publication





CHILLY MARCH BY ONONDAGA LAKE



Despite chilly temperatures and gusty winds on March 14, Saturday morning, 14 walkers braved the elements at the Onondaga Lake Information Center Department of Environmental Conservation (DEC) Boat Launch area on the West Shore of Onondaga Lake. Walt Price, the founder of Folksmarch, and his friend, Kathy, were the first brave walkers to sign in! Most of the paved trail was clear with only a few patches of crunchy ice particles in the shady spaces. Sunday afternoon, March 15, was warmer and brought out twice as many walkers. Having FM on both days can be a blessing, allowing people to participate in more of Central New York's offerings.

Whether towards the Amphitheater or the bridge to Hiawatha Boulevard on the trail, the view of Onondaga Lake was clear, with Merganser ducks and geese in the water and gulls in the air. Herons were at the shore. With help from Betsy U. and Ben T., DEC staff, several walkers were able to see eagles along the western shore not far from the information center. Looking southeast, one could see the sprawl of buildings where Syracuse edges right up to the Lake.

Sunday brought 5 new walkers to Folksmarch, giving us the pleasure of welcoming Nancy G., Maureen M., Maki N., Bob J. and Sara F. as First Timers. Be sure to watch for our next walk at Burnet Park and the Tipperary Hill neighborhood.

Thanks so much to the DEC who not only provided our sign-in facility but also pleasant, knowledgeable representatives who could explain what DEC does at this facility and provide information about Onondaga Lake remediation and continuing efforts to improve the center for the public's enjoyment.

Thanks also to our FM workers who managed the sign-in table and whose help is invaluable: Adria R., Lori N., Cindy T. and Brian N.



What, Exactly, is CNY Folksmarch

As our regular walkers, and hopefully new walkers know, CNY Folksmarch is a non-competitive walking group. The goal is to encourage people of all ages and abilities to get out and walk by meeting at a variety of locations in Central New York. For 40+ years, we have walked monthly on the second weekend of each month. Walks are usually 5k in length, but participants may walk as far as their abilities and interest allow.

The walks are the visible part of the organization. However, you may not know how we are structured. In 2016, when support by the Greater Syracuse YMCA was no longer available, a handful of long-time participants decided to continue the Folksmarch by forming a not-for-profit organization. Today, CNY Folksmarch is a 501(c)(3) organization that has a board of directors, officers, and bylaws.



CNY Folksmarch 2026 Walk Sites January through June

We have come up with a variety of walk sites in both natural and village settings. Walk destinations are within an hour of Syracuse and reach north, south, east, and west locations.

Most walks are accessible to all walking abilities and usually allow dogs on leashes with clean up. Locations are subject to change due to registration sites, parking, restroom availability, and fees.

Details and updates will be on our Facebook page, our website and social media.

<https://folksmarch.wordpress.com>

X (Twitter): @folksmarch

Instagram: @folksmarch

2026 Walk Schedule

January – Destiny USA	July - TBA
February – Beaver Lake	August - TBA
March – Onondaga Lake West	September - TBA
April - Burnet Park	October - TBA
May - Chittenango Falls State Park	November - TBA
June - Montezuma Audubon Center	December - TBA