

FOOTNOTES NEWSLETTER



FM# 533 (3992 Apulia Rd., Jamesville, NY 13078)

October 2025

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: www.cnyfolksmarch.org

Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

October 2025

Folksmarch

Date: Saturday, October 11th, 9:00 – 12:00 and Sunday, October 12th, 1:00 – 3:00

Annual Membership Pass: \$40
Includes Yearly Passport card and 12 monthly walks.

Yearly Passport card: \$10
prorated semi-annually

Monthly Walking Rates:

First Time Walkers FREE!

Adults	\$4.00
Youth 6-18	\$1.00
5 and under	FREE
Family	\$9.00 (max)

CNY Folksmarch Inc. – 2025

Board of Directors

Adria Ripka ('26), President
Sue Straub ('25), Vice President
Barbara Crane ('26), Secretary
Brian Noll ('25), Treasurer

Board Members:

Eileen Arnold ('27)
Adria Ripka ('27)
Dawn Bennett ('26)
Erin Cunia ('26)
Lori Newcomb ('26)
Sue Straub ('25)
Barbara Crane ('27)
Brian Noll ('25)



October at Jamesville Beach County Park

Jamesville Beach Park located at 3992 Apulia Rd., Jamesville, NY 13078 has changed a lot since Folksmarch was last there 17 years ago. On Saturday, October 11 and Sunday, October 12 we will meet at the Overlook Shelter for sign-in. Walking sticks suggested.

The park has added a huge white tent for gatherings (taken down now), a disc golf course, updated the small playground near the beach (beach is not open at this time of year), and added a huge off-leash dog park starting on the east edge of the developed part of the park. With luck, the leaves will be changing. The walk on grass and dirt trails starting out near the reservoir and along Butternut Creek will lead into the off-leash dog park trails, so be prepared to meet friendly dogs and people. There are a few short ups and downs where walking sticks would help. If it rains on or before the FM, be prepared for some muddy patches. For those who prefer smooth walking, there are paved and dirt roads available.



Dogs on leashes are welcome in the park except for the area around the Visitor Center, and can go to the off-leash dog park; see Off-Leash Area Rules. As always, owners must clean up after their pets.

The origins of the park began in 1870 when a dam on Butternut Creek was commissioned and completed in 1874, creating a reservoir which helped maintain the water level of the Erie Canal. People came to swim on the south side of the reservoir and the park was officially opened in 1949. Thanks to Carpenter's Brook Fish Hatchery, the reservoir was stocked with largemouth bass and so also became a popular fishing area. Originally 250 acres, the park grew with land purchases of 80 acres in 1962 and 128 acres in 1996. The Balloon Festival that began in 1980 apparently ended more than several years ago even though one meadow is still called the Balloon Field.

Directions: Follow your GPS which hopefully avoids construction, or from the east, i.e. city of Syracuse, take 481 South to the Jamesville exit. Go left up the hill towards Jamesville, at the light at the intersection of Rt. 173 turn right and then a quick left onto Apulia Rd. Follow for about 2 miles and turn left into the 1st entrance to Jamesville Beach Park. Follow signs for Overlook Shelter. Or from the west end of Syracuse, take Rt. 173 East, then right onto Apulia Rd.

What, Exactly, is CNY Folksmarch

As our regular walkers, and hopefully new walkers know, CNY Folksmarch is a non-competitive walking group. The goal is to encourage people of all ages and abilities to get out and walk by meeting at a variety of locations in Central New York. For 40+ years, we have walked monthly on the second weekend of each month. Walks are usually 5k in length, but participants may walk as far as their abilities and interest allow.

The walks are the visible part of the organization. However, you may not know how we are structured. In 2016, when support by the Greater Syracuse YMCA was no longer available, a handful of long-time participants decided to continue the Folksmarch by forming a not-for-profit organization. Today, CNY Folksmarch is a 501(c)(3) organization that has a board of directors, officers, and bylaws.



IMPORTANT NEWS – PLEASE READ

FM Annual Meeting – Saturday, October 11, 2025

We have changed the date of our Annual Meeting from December to October. We hope that warmer weather and a less busy time of year will make it possible for more FM members to attend this important meeting.

The Annual Meeting will be on Saturday, October 11th at the Overlook Shelter, starting at 12:15 pm. Members of FM, who are eligible to vote, and anyone else interested in how FM is run are welcome to attend the meeting.

We have attached the nomination form again this month for your convenience. Please note the deadline for nominating someone to the Board of Directors is October 1st (but we can extend that to October 4th – the week before our meeting.)

We welcome nominations from all members who are interested in helping FM continue year after year. Please note that it's perfectly ok to nominate yourself. In fact, we encourage it!

Nomination Form

Nominations to the Board of CNY Folksmarch are now open. The term begins on January 1, 2026, and is a 3-year term.

If you would like to nominate an individual to become a Board member of CNY Folksmarch, please do the following:

1. Make sure your nominee is interested in becoming a Board member.
2. Provided their name and phone number using the form included in this newsletter or provide at the Fair Haven walk site in September.

You may submit a nomination via email to barbara.crane143@gmail.com. Please provide the name and phone number of your nominee(s) as indicated below.

If YOU are interested in joining the CNY Folksmarch Board as a Board member, please send an email to adriaripka@hotmail.com.

Elections will take place at the Annual Meeting on October 11, 2025.
Deadline for receipt of nominations has been extended to October 9, 2025.

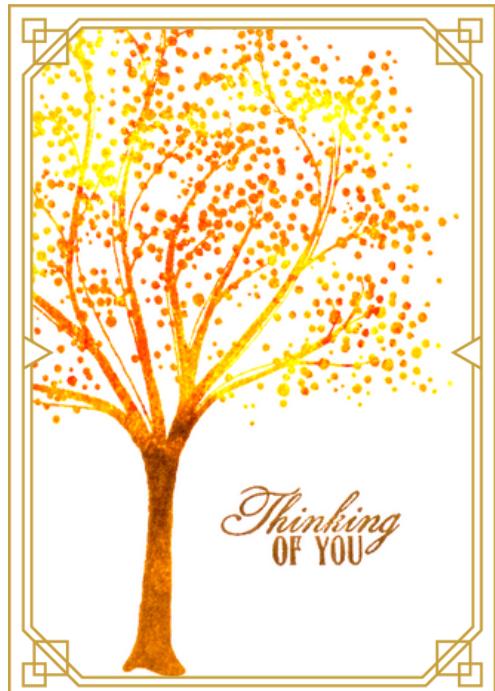
Nomination for Board Member to CNY Folksmarch

I, _____ would like to nominate: (nominator's name)	
Print the persons name:	
Please provide their phone number:	

My nominee has agreed to be nominated.

2025 Walk Schedule

January - Village of Cazenovia	July - Village of Fayetteville
February - Beaver Lake	August - Salmon River
March - Village of Liverpool	September - Village of Fair Haven
April - Oxbow Falls	October - Jamesville Beach
May - Village of Cleveland	November - Village of Hamilton
June - Lime Hollow	December - Village of Jordan



SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: leemount@gmail.com WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become a member of the CNY Folksmarch walking group.

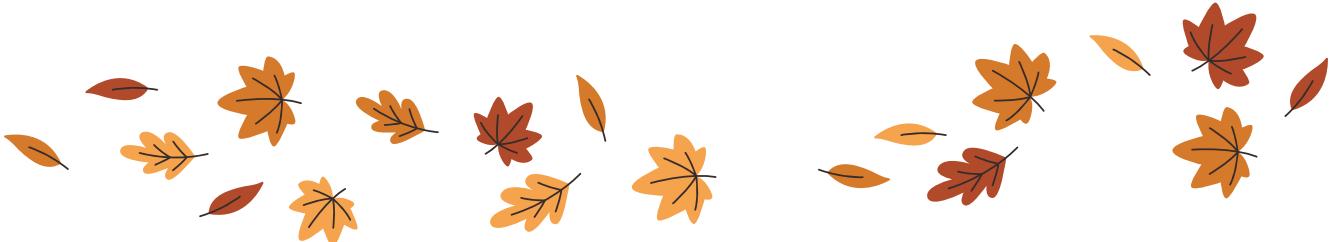
PERFECT WEEKEND IN FAIR HAVEN

After three monthly walks in 90-degree temperatures, CNY Folksmarch walkers enjoyed perfect weather for both days in Fair Haven, NY. Three walk options were available to those who made the drive. Two 1-mile routes offered either a village street walk or an exploration of the rail trail/wooded walk combination. The 2-mile route took walkers north along one of the major neighborhood streets with a view of homes and Little Sodus Bay. Several attendees walked all three routes because of the location and pleasant weather.

Each of the three routes brought our participants along Main Street (route 104A) to highlight the several businesses in the village that were worth a browse. Several walkers enjoyed lunch at the Hardware Café. The South Shore Artisans and other pubs and vendors would make a return visit something to think about during any season.

We appreciate the Fair Haven Fire Department for providing such a great registration site. Thank you to our volunteers on Saturday, Cindy T. and Donna S., and Adria R. on both days. Welcome back to Bonnie C., a returning Folksmarcher. A special thank you to Robert Kolsters, local resident and local historian, for providing Adria with a driving tour of the area to help with planning the routes and sharing his time and several local history books on Saturday.

Feel free to check out the Fair Haven Chamber of Commerce website to learn more about this lovely area's events at <https://fairhaveny.org>.



THE NEXT CNY FOLKSMARCH EVENT WILL BE HELD NOVEMBER 2025 IN THE VILLAGE OF
HAMILTON
CHECK WEBSITE FOR UPDATES www.cnyfolksmarch.org