

# FOOTNOTES NEWSLETTER



FM# 532 (14447 Fair Haven Road, Fair Haven, NY 13156)

September 2025

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: [www.cnyfolksmarch.org](http://www.cnyfolksmarch.org)

Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

## September 2025 Folksmarch

**Date:** Saturday, September 13th,  
9:00 - 12:00 and Sunday,  
September 14th, 1:00 - 3:00

**Annual Membership Pass:** \$40  
Includes Yearly Passport card  
and 12 monthly walks.

**Yearly Passport card:** \$10  
prorated semi-annually

### Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6-18 \$1.00

5 and under FREE

Family \$9.00 (max)

### CNY Folksmarch Inc. - 2025

#### Board of Directors

Adria Ripka ('26), *President*

Sue Straub ('25), *Vice President*

Barbara Crane ('26), *Secretary*

Brian Noll ('25), *Treasurer*

#### Board Members:

Eileen Arnold ('27)

Adria Ripka ('27)

Dawn Bennett ('26)

Erin Cunia ('26)

Lori Newcomb ('26)

Sue Straub ('25)

Barbara Crane ('27)

Brian Noll ('25)

## Fair Haven on Little Sodus Bay in for our September Walk

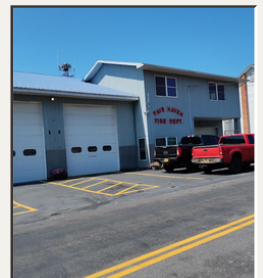
We move south and slightly west from our August location to enjoy a September Folksmarch in and around the Village of Fair Haven. We last visited this lovely village in Cayuga County in July 2022. Walkers will enjoy the chance to walk the vibrant main street and explore shops and businesses. Part of the route will take walkers along residential streets with a view of the bay. There is also a one-mile stretch along a former railroad bed and wooded path.

Registration will be at Fair Haven Fire Department, 14447 Fair Haven Road, Fair Haven, NY 13156. Walk times are Saturday September 13 between 9 a.m. and Noon; Sunday, September 14, between 1 p.m. and 3 p.m.

Fair Haven was incorporated as a village in 1880. But, its history goes back much further when it started out as a small hamlet known as Little Sodus at the head of Little Sodus Bay. The village first gained prominence as a port on the south shore of Lake Ontario. Various improvements to the harbor allowed the bay to be important in shipping coal brought up from Pennsylvania by the Lehigh Railroad. A lighthouse was part of the harbor. The openings in the sand bars on Little Sodus Bay were widened and protected by jetties in the middle of the 19th century, thus improving the shipping capabilities of Fair Haven. The west pier was later marked with a wooden outer lighthouse with a fourth order Fresnel lens and in 1873 a light keepers house was built on shore which still stands. Sometime later an inner lighthouse was added.

Today, private fishing and pleasure crafts fill the harbor and seasonal visitors enjoy the quaintness and vibrancy of various festivals, local pubs and restaurants, and the beauty of the area.

**Directions:** feel free to use your GPS guidance to get to the Fire House. If you know how to get to Fulton (Route 481, Route 57, or Route 48) by heading north take any of those routes to the intersection with Route 3. Turn left on Route 3 and follow it to the end at Route 104A. Turn left on Route 104A for approximately 10 miles to the Village of Fair Haven. Once you get to the village, turn LEFT on Fair Haven Road. The Fire Barn will be on your RIGHT. Parking will be BEHIND the Fire Barn.



## What, Exactly, is CNY Folksmarch

As our regular walkers, and hopefully new walkers know, CNY Folksmarch is a non-competitive walking group. The goal is to encourage people of all ages and abilities to get out and walk by meeting at a variety of locations in Central New York. For 40+ years, we have walked monthly on the second weekend of each month. Walks are usually 5k in length, but participants may walk as far as their abilities and interest allow.

The walks are the visible part of the organization. However, you may not know how we are structured. In 2016, when support by the Greater Syracuse YMCA was no longer available, a handful of long-time participants decided to continue the Folksmarch by forming a not-for-profit organization. Today, CNY Folksmarch is a 501(c)(3) organization that has a board of directors, officers, and bylaws.



## So, How Does CNY Folksmarch Function?

The only income CNY Folksmarch receives comes from the walk fees collected each month at registration and an occasional donation. Those funds are used only to support the program by covering insurance, printing, rental, monthly incidental expenses, and the monthly pins. Those fees are donations to the organization.

Board members are listed on the front page of every Footnotes newsletter. Presently, the board has 8 members. Board members serve a 3-year term. Officers serve 2-year terms. The board meets quarterly to work on the walk schedule, to discuss marketing and recruitment, and to make other decisions needed to keep the group active. An annual meeting is held by the board and is attended by Voting Members to conduct business and maintain the organization.

We have two categories of walkers. Category 1: Voting Members, are people who a) buy an Annual Pass, or b) buy a Yearly Passport. Voting Members participate in the nomination and election of board members and approve changes to the bylaws at the annual meeting. They may participate in any trips organized by CNY Folksmarch. Category 2: Casual individuals who attend a walk and prefer to “pay as they go”. Casual walkers do not have voting rights. They may participate in organized trips if space is available. They may attend the annual meeting.

We welcome input on walk locations, routes, and other suggestions from either category of walker.

CNY Folksmarch will be holding its Annual Meeting at our Jamesville Beach walk on October 11, 2025 at 12:30 p.m. We hope all of our Annual Pass and Yearly Passport members will be able to attend. Voting members are important to handle the nomination and election process. Casual walkers are also welcome to attend to share thoughts, suggestions, and concerns.

# Nomination Form

Nominations to the Board of CNY Folksmarch are now open. The term begins on January 1, 2026, and is a 3-year term.

If you would like to nominate an individual to become a Board member of CNY Folksmarch, please do the following:

- 1. Make sure your nominee is interested in becoming a Board member.
- 2. Provide their name and phone number using the form included in this newsletter or provide at the Fair Haven walk site in September.

You may submit a nomination via email to [Barbara.crane143@gmail.com](mailto:Barbara.crane143@gmail.com). Please provide the name and phone number of your nominee(s) as indicated below.

If YOU are interested in joining the CNY Folksmarch Board as a Board member, please see an officer at the September walk or send an email to [adriaripka@hotmail.com](mailto:adriaripka@hotmail.com).

Elections will take place at the Annual Meeting on October 11, 2025.  
Deadline for receipt of nominations is October 1, 2025.



## Nomination for Board Member to CNY Folksmarch

I, _____ would like to nominate: (nominator's name)	
Print the persons name:	
Please provide their phone number:	

My nominee has agreed to be nominated.

# 2025 Walk Schedule

<b>January - Village of Cazenovia</b>	<b>July - Village of Fayetteville</b>
<b>February - Beaver Lake</b>	<b>August - Salmon River</b>
<b>March - Village of Liverpool</b>	<b>September - Village of Fair Haven</b>
<b>April - Oxbow Falls</b>	<b>October - Jamesville Beach</b>
<b>May - Village of Cleveland</b>	<b>November - Village of Hamilton</b>
<b>June - Lime Hollow</b>	<b>December - Village of Jordan</b>



## SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: [leemount@gmail.com](mailto:leemount@gmail.com) WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

### About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become of member of the CNY Folksmarch walking group.

# SUNNY SUMMER 2-PART WALK AT SALMON RIVER, ALTMAR

Many people commented on how interesting they found the Salmon River Fish Hatchery before they took the short ride up to the Salmon River Falls. People walked through the building, then checked out the fingerlings which are the only fish in the hatchery tanks at this time of year. More will be arriving in September.

Going outside, FMers could walk to the stream and count the fake coyotes on the lawn! After driving up to and viewing the Falls, a few intrepid walkers explored the one mile hiking trail starting at the end of the accessible walk. The large turnout on Saturday included two walkers who took advantage of an outside table for a picnic lunch. Among our 6 newcomers that day, i.e. Mary & Mike A, Tracey & Patrick F., Skyler S., and Zayne G., there were several who enjoyed discovering a new (to them) spot in Central New York.

On Sunday several walkers braved the excessive heat but also took advantage of the A/C inside and enjoyed speaking to Ben, the friendly DEC employee who was on duty that day. Many thanks to Betsy, Erin and Ben of the DEC for making our FM at the Salmon River Fish Hatchery so pleasant. Thanks also to our workers Adria, Andrea, Dawn, and Barbara.

**ATTENTION** -- For those who want to see and learn more, the Salmon River Fish Hatchery is holding an **Open House** on **Saturday, September 27**, from 9 am to 3 pm.

