

FOOTNOTES NEWSLETTER



FM# 531 (2133 County Route 22, Altmar, NY 13302)

August 2025

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: www.cnyfolksmarch.org

Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

August 2025 Folksmarch

Date: Saturday, August 9th, 9:00 – 12:00 and Sunday, August 10th, 1:00 – 3:00

Annual Membership Pass: \$40
Includes Yearly Passport card and 12 monthly walks.

Yearly Passport card: \$10
prorated semi-annually

Monthly Walking Rates:

First Time Walkers FREE!

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| Adults | \$4.00 |
| Youth 6-18 | \$1.00 |
| 5 and under | FREE |
| Family | \$9.00 (max) |

CNY Folksmarch Inc. - 2025

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August 2025 Folksmarch

Folksmarch walkers will experience two sites in the north country as part of our walk the weekend of August 9 and 10, 2025.

First stop for registration will be the Salmon River Fish Hatchery at 2133 County Route 22, Altmar, NY 13302. Visitors will be able to watch an information video as well as hear information provided by hatchery staff. Full operation of the hatchery will begin in September as it takes care of fish at various stages of development. The hatchery is managed by the NYS Department of Environmental Conservation. Walkers will walk approximately a half-mile through the facility and around the property.

The second part of our northern walk will be at Salmon River Falls, 186 Falls Road, Richland, NY 13144. The first quarter of a mile is wheelchair-accessible and takes walkers to the Falls. Two observation areas are included in this section. A roughly 1-mile trail will allow walkers to continue along the river upstream of the falls. There is a relatively steep but safe stairway down to the level of the river. Both the DEC and CNY Folksmarch ask our walkers to NOT walk down the steep trail near the first overlook. It is not particularly safe.

For your planning purposes, the Fish Hatchery grounds have several picnic tables scattered on the lawns. You might want to plan on a picnic lunch before or after your walk. Dogs are not encouraged at either location. Please be aware that the water from the bathroom sinks is not potable, but is safe for washing your hands. The hatchery has bottled water available for visitor use.

Registration times at the Fish Hatchery are:

Saturday, 8-9-25 between 9 a.m. and Noon.

Sunday, 8-10-25 between 1 p.m. and 3 p.m.

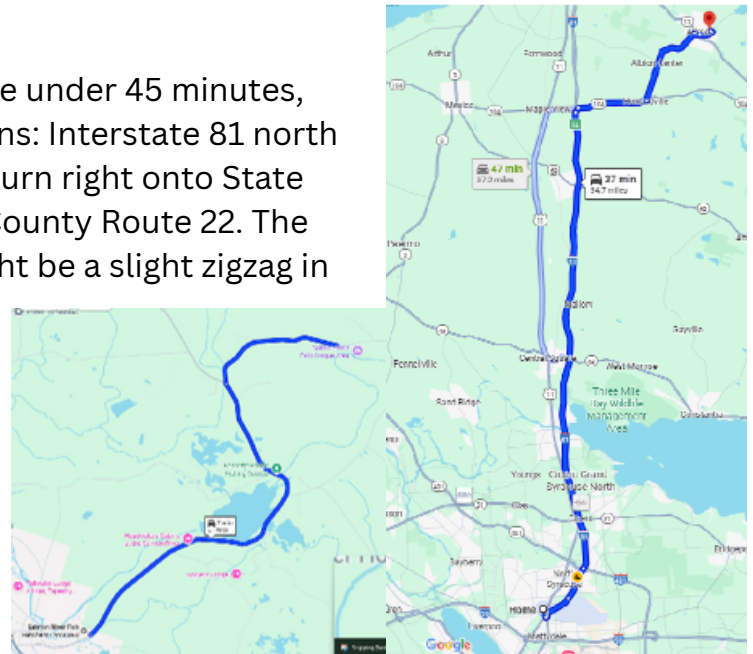
Built in 1980, the Salmon River Fish Hatchery specializes in raising Chinook salmon, coho salmon, steelhead, and brown trout. The hatchery was constructed to revive and enhance the Great Lakes fishery and now provides most of the fish for the multi-million dollar Lake Ontario salmonid fishery. Each year this hatchery stocks over 1.4 million Chinook salmon fingerlings (young fish 3-5 inches long), 155,000 coho salmon fall fingerlings (3-5 inches), 90,000 coho salmon yearlings (a fish between one and two years old), and 750,000 steelhead yearlings.



Directions

Driving from the Syracuse area will likely take under 45 minutes, barring any delays on Interstate 81. Directions: Interstate 81 north to the Mexico exit, Route 104, (old exit 34). Turn right onto State Route 104 and continue to a left turn onto County Route 22. The Fish Hatchery will be on your left. There might be a slight zigzag in town. Just be sure to stay on CR22.

The Salmon River Falls trail parking area is 5 miles from the Fish Hatchery. It is an easy 7- minute drive further up CR 22. The parking lot will be on your right. Note: there is parking, and a port-o-john, but no restroom facilities at the trail site.



A Two-stage Walk. What's Up With That?!

The CNY Folksmarch walk committee tries to arrange our walks at locations that broaden your familiarity with walk sites within about an hour drive from Syracuse. Besides the desire for good walking paths, and the opportunity to see various landscapes, flora and fauna, we absolutely need to have fairly good parking and restroom facilities. We have thought about walking at Salmon River Falls several times over the past two years and believe you will enjoy this new location. However, the only way to meet all our preferences was to register at one place that meets the parking and restroom requirements, while continuing the walk at the Falls to get us out in nature.

We know our walkers are a flexible group and enjoy new locations. The hatchery is open from 8:30 a.m. to 3:30 p.m. daily and offers you the chance to learn about this important facility in the family of Department of Environmental Conservation responsibilities. Salmon fishing is big in the Fall, as you know. Ben, from the DEC, will be available on Sunday to answer any questions. On Saturday, no staff will be on site, but the displays and information video will give you a great overview of the hatchery.

You may, or may not, get in a 5K walk between both sites, but the choice will be yours. The hatchery grounds will give you a good warm up with a half-mile, or more if you want, start. The one-quarter mile accessible trail at the Falls area will give you another half mile and a chance to see the falls. The remaining 2-mile path out and back (dirt forest trail) will get you to a 5K goal.

We hope you enjoy this walk. You might want to return in the Fall to see the hatchery operating at full steam.

2025 Walk Schedule

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| January -- Village of Cazenovia | July -- Village of Fayetteville |
| February -- Beaver Lake | August - Salmon River |
| March -- Village of Liverpool | September - Village of Fair Haven |
| April -- Oxbow Falls | October - Jamesville Beach |
| May -- Village of Cleveland | November - Village of Hamilton |
| June -- Lime Hollow | December - Village of Jordan |



SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: leemount@gmail.com WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

About Us

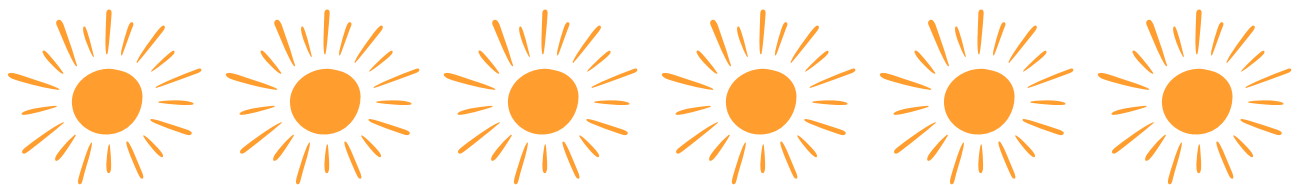
Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become of member of the CNY Folksmarch walking group.

PLEASANT JULY WALK BY THE WATER IN FAYETTEVILLE

With no rain and pleasant sunny summer weather, walkers enjoyed a stroll from the Fayetteville Village Park along the feeder canal with some who continued over the bridge to the path along Erie Canal to extend the walk a bit farther. A few adventurous people explored the path on the far side of the playground and tried several of the exercise stations provided by the Village along that route.

The weekend had a nice turnout but Saturday morning especially attracted a large number of walkers including several coming back to Folksmarch after a hiatus due to raising families where the now grown children have moved away. Many reminiscences ensued! Saturday also brought out a record number of first timer walkers: Michael G., Mary & Ken W., Leric & Riggs M., Julie L., Brian C. and Kathryn M., some of whom were Fayetteville residents who had never been to the park before and said they really enjoyed it. You can't beat sunshine glistening off water to provide a peaceful outing. Others made sure to pick up the schedule for the rest of the year. The Salmon River FM in August will be informative and maybe cooler in the shaded walk by the gorge toward the falls. See for yourselves!

Thanks to the Fayetteville Free Library for providing a booklet describing a short Village walk indicating some of the old and interesting houses including the former home of President Grover Cleveland. Thanks also to our workers Adria, Dawn, Erin and Barbara.



THE NEXT CNY FOLKSMARCH EVENT WILL BE HELD SEPTEMBER 2025 IN THE VILLAGE OF FAIR HAVEN

CHECK WEBSITE FOR UPDATES www.cnyfolksmarch.org