

# FOOTNOTES NEWSLETTER



FM# 530 (120 Limestone Plaza, Fayetteville, NY 13066)

July 2025

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: [www.cnyfolksmarch.org](http://www.cnyfolksmarch.org)

Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

## July 2025 Folksmarch

**Date:** Saturday, July 12th, 9:00 – 12:00 and Sunday, July 13th, 1:00 – 3:00

**Annual Membership Pass:** \$40  
Includes Yearly Passport card and 12 monthly walks.

**Yearly Passport card:** \$10  
prorated semi-annually

**Monthly Walking Rates:**  
First Time Walkers FREE!  
Adults \$4.00  
Youth 6-18 \$1.00  
5 and under FREE  
Family \$9.00 (max)

### CNY Folksmarch Inc. – 2025 Board of Directors

Adria Ripka ('26), *President*  
Sue Straub ('25), *Vice President*  
Barbara Crane ('26), *Secretary*  
Brian Noll ('25), *Treasurer*

### Board Members:

Eileen Arnold ('27)  
Adria Ripka ('27)  
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Erin Cunia ('26)  
Lori Newcomb ('26)  
Sue Straub ('25)  
Barbara Crane ('27)  
Brian Noll ('25)

## July Folksmarch

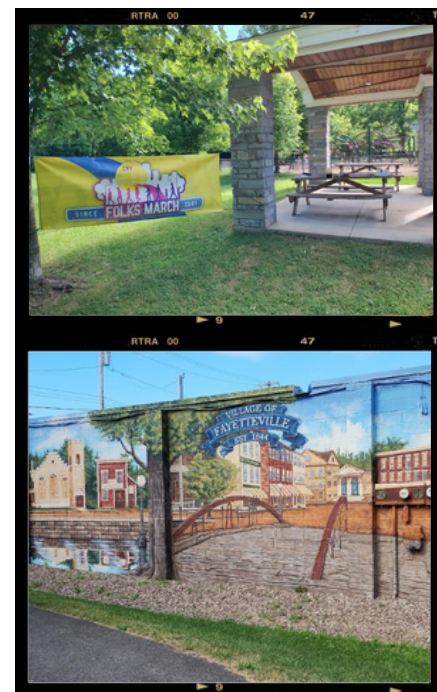
CNY Folksmarch will be walking along a feeder of the Erie Canal in the Village of Fayetteville in July. Join your fellow walkers on the weekend of July 12 and 13 at Canal Landing Park, 120 Limestone Plaza, Fayetteville, NY 13066.

This lovely village park is in the original business district of the village below Genesee Street. There is a parking lot at the park entrance as well as additional parking BEHIND the Freedom of Espresso. The registration will be at the park pavilion. Restrooms are nearby. Once signed in, walkers will enjoy the Limestone Creek trail. One segment of the park trail contains a few exercise stations that you may want to give a try. At the pedestrian bridge, we cross over Pools Brook and continue left along the trail to the Limestone Aqueduct. Return to the starting point. Walking strictly within the park would be a nice, shorter walk for those not interested in walking to the aqueduct. All walking paths are either paved or cinder with no changes in elevation. Dogs are welcome but must be cleaned up after. There is also a playground for children.

Our walk times are standard for the July location. Register between 9 a.m. and Noon on Saturday, July 12, or between 1 p.m. and 3 p.m. on Sunday. To get to the park when approaching the village, continue east on Genesee Street going up the hill from the intersection of Genesee Street and North Burdick Street. Turn LEFT onto Brooklea Drive at the top of the bridge and then left again to get to the park. The park entrance will be on your right.

The walk committee is considering adding a short historic walk in the neighborhood of Canal Landing Park. Final details will be available at the registration table.

We look forward to seeing you at Canal Landing Park in July!



# Summer Half-price sale!

SPECIAL OFFER

If you have been enjoying the Folksmarch experience this year, and wish you had purchased an Annual Pass, July is the time to take advantage of our annual half-price sale.

When you register for the July walk, you may purchase an Annual Pass for \$20.00 to cover the remaining 6 months in 2025. That will give you one walk for free between July and December 2025.

That's right, 6 months of walking events for \$20.00.

If you take advantage of our sale, please bring your Yearly Passport to the walk so we can add your Annual Pass number to it.

For those walkers who wish they had purchased a Yearly Passport to track their successes, Yearly Passports are also available at half-price in July. For \$5.00, you may get a Yearly Passport to track the remainder of the year. Yearly Passport holders still pay the monthly \$4.00 walk fee. We can also add stamps for months you walked earlier in 2025, if you like.

What else do I get with an Annual Pass or annual Passport? Annual Pass and Yearly Passport holders are considered members of the CNY Folksmarch organization. You may vote for officers at the annual meeting, serve on the board of directors, and become involved in planning walk locations.

Now is the time to put a spark in your monthly walking by purchasing an Annual Pass or Yearly Passport at the Christmas in July sale!



## SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: [leemount@gmail.com](mailto:leemount@gmail.com) WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

### About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become of member of the CNY Folksmarch walking group.



## **SOME NEW INCENTIVE FOR** **FOLKSMARCHERS**

Starting in January 2025, besides the wonderful areas our walkers get to explore each month with Folksmarch, we will be providing some extra motivation to walk with us. We are currently working on designs for some special pins that will be offered after completing 10 walks – 25 walks – 50 walks (and who knows, maybe 75 and 100.)

We hope you will spread the word, bring some friends with you each month and join in this fun new challenge.



## **2025 Walk Schedule**

<b>January – Village of Cazenovia</b>	<b>July - Village of Fayetteville</b>
<b>February – Beaver Lake</b>	<b>August - Salmon River</b>
<b>March – Village of Liverpool</b>	<b>September - Village of Fair Haven</b>
<b>April – Oxbow Falls</b>	<b>October - Jamesville Beach</b>
<b>May – Village of Cleveland</b>	<b>November - Village of Hamilton</b>
<b>June – Lime Hollow</b>	<b>December - Village of Jordan</b>

## CNY Folksmarch Membership

If you are part of the Folksmarch family that has been walking for decades, you remember back when we bought our Annual Passes and Yearly Passports, or paid our fees, and like now, enjoyed the various locations we explored. However, back then there was never any use of the word “member” to distinguish levels of support or benefits. That was because the group had some support from the local YMCA and Walt Price, our founder, was employed at the Y. That support ended about 10 years ago.

In 2016, to keep the monthly walk program active, a small group of long-time Folksmarch supporters got together and explored becoming a 501 ( c ) (3). They applied for and successfully received that designation from the IRS, created a board of directors, and bylaws. However, the new group must have members, and members now are defined as:

1. Holding an Annual Pass
2. Holding an Yearly Passport

What does being a member include? Members may serve on the board of directors. Members are involved in the election of board members at the Annual Meeting. When you read the monthly Footnotes newsletter, you probably have noticed the names of current board members and their term end dates. Please be aware that YOU are welcome to join the board for the next program year (2026). Election of board members and officers will take place this year at the Annual Meeting after the October walk at Jamesville Beach.\* Nominations will open in August.

Besides always encouraging members to join the board, CNY Folksmarch needs members to help plan our walks for 2026; take the initiative to finalize the walk locations and details; to volunteer to staff the registration tables at the walks; to brainstorm on how CNY Folksmarch can continue to be the rewarding experience it is for members and monthly walkers. Help or advice from experienced FMers will always be available.

We'll have more details in the August Footnotes. For now, thank you to all of you who hold annual passes and Passports. You may not be aware what an important part of CNY Folksmarch you are. We value our faithful monthly walkers, too. Seeing you enjoy the various locations, having you bring friends and family members with you, and volunteering to help at upcoming walks makes CNY Folksmarch the friendly, healthy, enjoyable group it has always been.

\*Annual meeting location is still being finalized.



# LIME HOLLOW IN JUNE

Mother Nature worked in our favor for our walk at Lime Hollow Nature Center in Cortland. While rain was in the forecast, it ended well before our Saturday start time of 9 a.m. and didn't arrive on Sunday. Staff were available both days for the Center to be open. Our walkers enjoyed being able to see the displays and items available for sale.

The Art Meadow Loop and Fen Way Trail were reasonably well-marked. The art sculptures add a whimsical touch, and it is likely that more will be added over time. The Fen Way provided a variety of terrain and both trails touched on the Lehigh Valley Trail. That level trail provided a nice option for those who decided to return to the start by walking that.



The turnout was great on Saturday and included two newer walkers, Jeremy F. and Lori A.. Sunday turnout was a little low, but it was Fathers' Day. However, we welcomed 3 new walkers on that day: Lynn G., Bob G., and Jess G.

Thank you to Donna, Cindy, and Lori for signing up to volunteer at Fair Haven and Jordan. There are still slots available at our Salmon River (August), Jamesville Beach (October), and Hamilton (November) walk sites. Please feel free to contact Adria at (315-457-5095) or [adriaripka@hotmail.com](mailto:adriaripka@hotmail.com) to let her know you are willing to help. The suggested volunteer periods are Saturday, 8:30 a.m. to 10:30 a.m., or 10: 30 a.m. to 12:30 p.m.; Sunday, 1 to 3 p.m.



**THE NEXT CNY FOLKSMARCH EVENT WILL BE HELD AUGUST 2025 AT SALMON RIVER**  
**CHECK WEBSITE FOR UPDATES [www.cnyfolksmarch.org](http://www.cnyfolksmarch.org)**