

# FOOTNOTES NEWSLETTER



FM# 528 (31 West St. Cleveland, NY 13042)

May 2025

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: [www.cnyfolksmarch.org](http://www.cnyfolksmarch.org)

Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

## May 2025 Folksmarch

**Date:** Saturday, May 10th, 9:00 – 12:00 and Sunday, May 11th, 1:00 – 3:00

**Annual Membership Pass:** \$40  
Includes Yearly Passport card and 12 monthly walks.

**Yearly Passport card:** \$10  
prorated semi-annually

**Monthly Walking Rates:**  
First Time Walkers FREE!  
Adults \$4.00  
Youth 6-18 \$1.00  
5 and under FREE  
Family \$9.00 (max)

### CNY Folksmarch Inc. – 2025

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## Our May Walk in Cleveland, NY

CNY Folksmarch heads to the north shore of Oneida Lake for our walk on the weekend of May 10 and 11. The village of Cleveland is our destination.

We register at the Cleveland Volunteer Fire Department at 31 West Street, Cleveland, NY. Our route will take us along village streets and may include some of the refurbished rail trail, depending on trail conditions.

This small village, located at the eastern edge of Oswego county, was incorporated in 1857 and had several thriving industries for its first 100 years. Those industries included a glass factory and a tannery built in the vicinity of the pond in the village. The present village park was built on the site of the former Union School. We will walk past the park and the nearby Cleveland Village Cemetery. Walkers may want to browse in the cemetery.



The O & W Railroad line ran through the village. It served the glass factory and tannery as well as providing passenger service west and east of the village. Why was a glass factory so successful in this village? Because of the fine sand that underlies most of the terrain in this area. Sand mines were located near the village and sand was brought to the glass factory.

Easy access to Oneida Lake also contributed to the growth of Cleveland. When the Barge Canal was an active shipping route, large barges could be seen docked at the NYS dock. Good restaurants and lodgings were available to travelers. Today, many private camps dot the lakeshore along Route 49. Many have been winterized for year-round use.

The Cleveland Historical Society provided excellent information about the history of the village and its environs. We will walk past the historical society headquarters, located in the former St. James Episcopal Church on North Street. Please stop in to see their displays.

Our route will not have walkers cross Route 49 for safety reasons. However, the Shrine of St. Mary of the Assumption and Lakeview Park might be something walkers want to explore on their own.





Ticks are around all year long BUT as it gets warmer outside and as we shed some layers of clothing, we become more vulnerable to being bitten. On Sunday, April 13th, we were joined by **Jonah Cummings** from the **CNY Lyme & Tick-Borne Disease Alliance**.

Jonah explained ways to avoid tick bites, how and where to check for ticks, and he demonstrated what to do if you find one on yourself. He provided information that is useful to anyone who walks outdoors, especially in woodsy areas like we Folkmarchers often enjoy.

We have extra information sheets he left with us to share with our members at other upcoming Folksmarches.

For more information, check out their website: [cnylymealliance.org](http://cnylymealliance.org)



## SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: [leemount@gmail.com](mailto:leemount@gmail.com) WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

### About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become of member of the CNY Folksmarch walking group.



## SOME NEW INCENTIVE FOR FOLKSMARCHERS

Starting in January 2025, besides the wonderful areas our walkers get to explore each month with Folksmarch, we will be providing some extra motivation to walk with us. We are currently working on designs for some special pins that will be offered after completing 10 walks – 25 walks – 50 walks (and who knows, maybe 75 and 100.)

We hope you will spread the word, bring some friends with you each month and join in this fun new challenge.



## 2025 Walk Schedule

<b>January 11 &amp; 12 – Village of Cazenovia</b>
<b>February 8 &amp; 9 – Beaver Lake</b>
<b>March 8 &amp; 9 – Village of Liverpool</b>
<b>April 12 &amp; 13 – Oxbow Falls</b>
<b>May 10 &amp; 11 – Village of Cleveland</b>
<b>June 14 &amp; 15 – Lime Hollow</b>

**\*\*\*Here are our  
first 6 walks for  
2025. We are still  
finalizing details for  
July through  
August \*\*\***



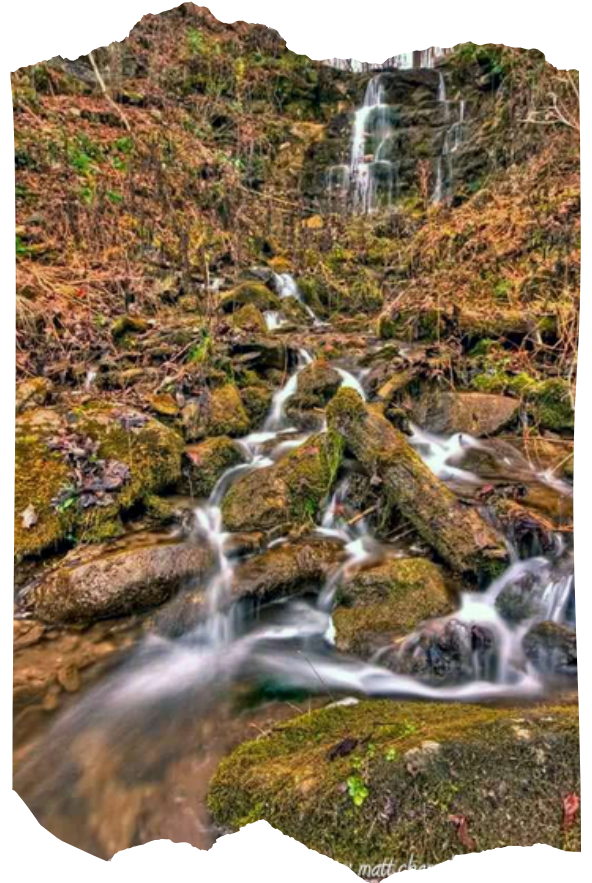
# SUNNY SUNDAY AT OXBOW FALLS

With sun and moderate temperatures on Sunday, Folksmarchers turned out in record Sunday numbers, more than tripling the eleven die-hard walkers who came on Saturday despite a light rain and chilly temps. Most people preferred to start out at the upper part of the Park where it was easier to reach the several falls. The disc golf course was challenging, and a couple walkers mentioned they enjoyed following a trail with blue blazes on the trees that took them up to the upper Park. Feedback is always welcome!

Many people stopped and spoke with Jonah from the CNY Lyme and Tick Disease Alliance and came away with both more information on what ticks are generally found in CNY and what damage they can do to humans, as well as with information sheets and small kits containing a magnifying glass, tweezers and a couple sterile alcohol prep pads for disinfecting the skin around a tick bite. Some of those ticks are smaller than the head of a pin!

Five First Timers came out on Sunday to try out Oxbow Falls with us. Welcome Joe A., Sheila G., Amy, B., Ivy M. and Gay M. Folksmarch visits different spots in CNY each month and we hope you'll join us again next month in Cleveland, NY.

Thank you to our monthly leader and workers: Barbara C., Dawn B., Linda K., Adria R. and Sue S. Your help is greatly appreciated.



**THE NEXT CNY FOLKSMARCH EVENT WILL BE HELD JUNE 2025 AT LIME HOLLOW  
CHECK WEBSITE FOR UPDATES [www.cnyfolksmarch.org](http://www.cnyfolksmarch.org)**