

FOOTNOTES NEWSLETTER



FM# 525 (8477 East Mud Lake Rd., Baldwinsville, NY)

February 2025

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

February 2025

Folksmarch

Date: Saturday, February 8th, 9:00 – 12:00 and Sunday, February 9th, 1:00 – 3:00

Annual Membership Pass: \$40

Includes Yearly Passport card and 12 monthly walks.

Yearly Passport card: \$10 prorated semi-annually

Monthly Walking Rates:

First Time Walkers FREE!

Adults	\$4.00
Youth 6-18	\$1.00
5 and under	FREE
Family	\$9.00 (max)

CNY Folksmarch Inc. - 2025

Board of Directors

Adria Ripka ('26), President
Sue Straub ('25), Vice President
Barbara Crane ('26), Secretary
Brian Noll ('25), Treasurer

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FOLKSMARCH AT BEAVER LAKE NATURE CENTER

A favorite spot for CNY Folksmarch is Beaver Lake Nature Center – partly because it is one of the few winter locations where we can find well-groomed trails to walk, but mainly because of the natural beauty and pleasant surroundings. The dense tree coverage, even with significant snowfall in the area, usually means that BLNC has at least 3 walkable trails. This is also a great location for those who bring their own cross-country skis. Another option might be to bring snowshoes or rent a pair for \$5 per hour. The usual Folksmarch rates will be in place, but we are pleased that BLNC management has again graciously offered to waive the parking fee for Folksmarchers.

Sign-in will be inside the Visitors Center where the gift shop and snowshoe rentals are also located. Snacks, along with hot or cold beverages, will be available to purchase from BLNC.



Some things to know while at the center and on the trails: No smoking or vaping; No pets (except service animals); No bicycles or scooters; No collecting of any kind; No fires (including grills). Please walk, never run, by another visitor; No approaching wildlife; Trash free park: carry-in, carry-out.

Here are a few details about how this place came to be: BLNC was created to study and observe nature. It consists of 670 acres, including a 200-acre glacial lake. Originally, the lands around Beaver Lake were farmed for tobacco, potatoes and corn before its conversion to a waterfowl refuge. Once Onondaga County acquired the land, and residential neighborhoods started to develop, several options were presented for its use including ballfields, picnic grounds, fishing area and/or beaches. But the land was protected by the NYS Department of Environmental Conservation as a game management site. Onondaga County then partnered with the newly formed Onondaga Nature Centers and in 1970 established the beginning of what we see today.

SUGGESTED DIRECTIONS BELOW (OR USE GPS OR GOOGLE MAPS OR WHATEVER YOU LIKE BEST)

- From South (Syracuse): Rte 690W & 690N to NY-31W/NY370W exit; continue on NY370W to E. Mud Lake Rd. Turn right; follow signs to BLNC.
- From North (Fulton): Rte 48S to Wyborn Rd. to Rte 14; turn onto E. Mud Lake Rd.; follow signs.
- From East (Cicero): NY Rte 31 W to NY 370 W; turn right onto E. Mud Lake Rd.; follow signs.
- From West (Cato): Rte 370; turn left onto E. Mud Lake Rd.; follow signs.



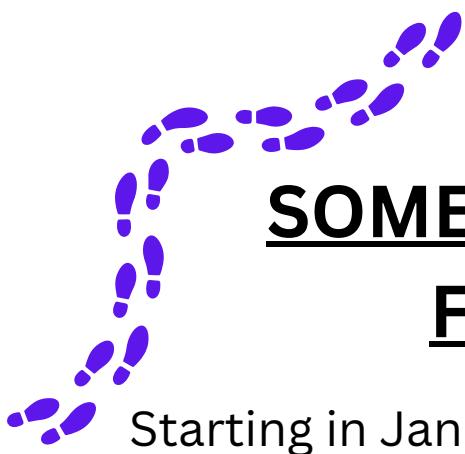
SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: leemount@gmail.com WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become a member of the CNY Folksmarch walking group.



SOME NEW INCENTIVE FOR FOLKSMARCHERS

Starting in January 2025, besides the wonderful areas our walkers get to explore each month with Folksmarch, we will be providing some extra motivation to walk with us. We are currently working on designs for some special pins that will be offered after completing 10 walks – 25 walks – 50 walks (and who knows, maybe 75 and 100.)

We hope you will spread the word, bring some friends with you each month and join in this fun new challenge.



2025 Walk Schedule

January 11 & 12 - Village of Cazenovia
February 8 & 9 - Beaver Lake
March 8 & 9 - Village of Liverpool
April 12 & 13 - Oxbow Falls
May 10 & 11 - Salmon River Falls
June 14 & 15 - Lime Hollow

*****Here are our
first 6 walks for
2025. We are still
finalizing details for
July through
August *****

SNOWY JANUARY FM IN THE VILLAGE OF CAZENOVIA

Saturday in Cazenovia was cold and a little windy, but hardy Folksmarchers started showing up about 10 am. Sunday was warmer with the sun even peeking out from time to time, making the snow sparkle and people smile more! Besides traveling along Albany St. where we saw some old favorites such as the Brae Loch Inn and the Lincklaen House as well as other businesses, part of the route had us walking through some new areas with lovely old houses reflecting the age and beauty of the town. Thankfully there didn't seem to be any trouble going by the construction around the former Cazenovia College, and some walkers even managed the uncleared trail around the pond at Carpenter Street while one couple joined the Cazenovia snowshoe event and then came to walk the Folksmarch trail – brave FMers!



Thank you to everyone who donated hats, scarves, mittens, etc. for the Roxboro Middle and Elementary Schools.

Welcome First Timers: Jackie & Philip L., Jane P., Lauren H. & Jarrett Q., and Jan W-A. who after a long hiatus came back with daughter Kathleen S. and grandchildren Bailey & Harvey.

Thanks to Adria Ripka, Erin Cunia and Barbara Crane who worked the sign-in table which was busy with many FMers signing up for 2025 Annual Passes and Membership Passports. Thanks, also, to the First Presbyterian Church which graciously hosted the month's FM.



**THE NEXT CNY FOLKSMARCH EVENT WILL BE HELD MARCH 2025 IN LIVERPOOL.
CHECK WEBSITE FOR UPDATES [HTTPS://FOLKSMARCH.WORDPRESS.COM](https://folksmarch.wordpress.com)**