

# FOOTNOTES NEWSLETTER



FM# 523 (25 South Street, Auburn, NY 13021)

December 2024

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

## December 2024 Folksmarch

**Date:** Saturday, December 7th,  
9:00 - 12:00 and Sunday,  
December 8th, 1:00 - 3:00

**Annual Membership Pass:** \$40  
Includes Yearly Passport card  
and 12 monthly walks.

**Yearly Passport card:** \$10  
prorated semi-annually

### Monthly Walking Rates:

First Time Walkers FREE!

Adults	\$4.00
Youth 6-18	\$1.00
5 and under	FREE
Family	\$9.00 (max)

### CNY Folksmarch Inc. - 2024 Board of Directors

Barbara Crane ('24), *President*  
Sue Straub ('25), *Vice President*  
Adria Ripka ('24), *Secretary*  
Brian Noll ('25), *Treasurer*

### Other Board of Directors:

Eileen Arnold ('24)  
Dawn Bennett ('26)  
Erin Cunia ('26)  
Lori Newcomb ('26)

## DECEMBER 2024 FOLKSMARCH



The December walk will be in Auburn at an exciting new location to Folksmarchers. We are delighted to take advantage of a special weekend at The New York State Equal Rights Heritage Center in Auburn. ([equalrightsheritage.com](http://equalrightsheritage.com))

Please note the change in weekend, from the second weekend to the first weekend. We had to do that to register at:

25 South Street  
Auburn, NY 13021\*

Registration times and costs are the same as always:

- Saturday, December 7 between 9 a.m. and Noon
- Sunday, December 8 between 1 and 3 p.m.

Cost: \$4.00 per adult; \$1.00 for kids aged 5 to 18; Veterans walk at half-price. First time walkers walk free. Two hours of free parking are available in the garage and lot across the street at 1 Lincoln Street. Street parking may be available on the surrounding block.

Walkers on both days will be following the Harriet Tubman Walking Trail. Note: the Harriet Tubman historical site offices may not be open, but the grounds are available.

Saturday walkers can enjoy the Taste of New York shop and the exhibits in the Heritage Center. **Folksmarch members (those with 2024 Passports or Annual Passes) are invited to the annual meeting taking place at 12:30 at the Heritage Center.** Sunday walkers will also enjoy the annual **Holiday Happening** at the Center with vendors on site.

There are numerous small venues one block away from the Center if you want lunch before or after your walk. See the list at our registration table. The Schweinfurth Museum and Cayuga County Historical Association are also just a few blocks from our walk site.

\*One block south of Route 5. North Street (Route 34 from Thruway exit 40) turns into South Street once you cross Route 5.



## DIRECTIONS:

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### Via the Thruway:

- Get on I-90W
- Get off at NY-34S in Brutus, take exit 40
- Follow NY-34S to your destination

### Scenic Route:

- Take I-690W and NY-5W to County House Rd. in Sennett
- Turn right onto County House Rd.
- Turn left onto NY-34S
- Drive to your destination



## SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: [leemount@gmail.com](mailto:leemount@gmail.com) WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

### About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become a member of the CNY Folksmarch walking group.

A decorative graphic of red footprints in the top left corner, curving from the top left towards the center.

# **SOME NEW INCENTIVE** **FOR FOLKSMARCHERS**

Starting in January 2025, besides the wonderful areas our walkers get to explore each month with Folksmarch, we will be providing some extra motivation to walk with us. We are currently working on designs for some special pins that will be offered after completing 10 walks – 25 walks – 50 walks (and who knows, maybe 75 and 100.)

We hope you will spread the word, bring some friends with you each month and join in this fun new challenge.





# Donations Needed in December

## Warm Winter Items Wanted for Roxboro Schools

Folksmarch loves visiting different sites in Central New York. In the spirit of giving back, we suggest donating warm items to elementary and middle school children, which includes grades Kindergarten -7 or ages 5-12. For this event FM is planning to give items to the Roxboro Elementary and Middle Schools.

Teacher and Board Member Brian Noll indicates there is a need for such warm items as mittens, gloves, hats, scarves, and even socks during the cold weather. Please note that some middle schoolers have growth spurts making adult size items just as necessary as the smaller sizes.

Look for a big collection box near the sign-in table. Brian will deliver our donations after the FM. Thank you in advance for your contributions, proving again the kind and generous nature of Folksmarchers!



## 2024 Walk Schedule

<b>January 13 &amp; 14 - Destiny USA</b>	<b>July 13 &amp; 14 - Cato</b>
<b>February 10 &amp; 11 - Minoa</b>	<b>August 10 &amp; 11 - Ceder Bay Dewitt</b>
<b>March 9 &amp; 10 - Rosamond Gifford Zoo</b>	<b>September 14 &amp; 15 - Clark Reservation</b>
<b>April 13 &amp; 14 - Marcellus</b>	<b>October 12 &amp; 13 - Chittenango</b>
<b>May 11 &amp; 12 - Green Lakes State Park</b>	<b>November 9 &amp; 10 - Meadowbrook</b>
<b>June 8 &amp; 9 - Sterling Nature Center</b>	<b>December 7 &amp; 8 - Auburn</b>



# Reminders



1. **VOTE** – FM members, those who purchased 2024 Passports or Annual Passes, but only if you did not already vote in November. Vote for two (2) Folksmarch Board members: Eileen Arnold and Adria Ripka. Both are long-time Board members whose terms are up but have graciously consented to run for another 3-year term. Eileen is the person who comes up with the delightful pin designs we enjoy each month. Adria has filled several positions, most recently Board Secretary and the Walk Site Committee.
2. **ANNUAL MEETING ON SATURDAY 12/7 AT 12:30 pm at the Heritage Center.** This is the time for all FM members to learn what's happening with Folksmarch and to give the Board your input. Help the Board make FM the most enjoyable weekend of your month! There will be some Christmas snacks and cheer for all who come.
3. **IF YOU ENJOY FOLKSMARCH, VOLUNTEER TO HELP.** Each FM needs 2 to 3 people to set up and help at the sign-in table. Help is needed to put up the Folksmarch banner and sandwich board, set out paperwork on the table, and do one job during sign-in. Jobs include collecting money from walkers (Passport Only holders and others who just show up) and make sure they fill out the sign-in sheet properly; handing out & explaining the route to walkers; giving out buttons; and being welcoming to walkers. Not difficult but VERY IMPORTANT!



# MEADOWBROOK - NEW WALK IN SYRACUSE

We had a very nice turn-out for exploring this new area of Syracuse, and the weather cooperated by being sunny and beautiful on Saturday and dry until a few sprinkles started just towards the end on Sunday. If FMers drove to the site by going south on Meadowbrook, they were treated to the many home-made bird houses at intersections along the street before passing Barry Park. The walk around Barry Park provided a look at the homes in the area, most of which now house Syracuse University students. Across the street at the far end of the park was one entrance to the Onondaga County Detention Basin made to prevent flooding which previously had been common in that area. The smooth path around the low pond area provided easy walking and a view of several ducks which were enjoying the unusually warm November weather.

Welcome First Timers: Tyra S., Claire S., Brian P., Yvonne Z. and Heather Y. We hope you enjoyed this walk and can join us next month in Auburn.

Thanks to our leader and helpers Sue S., Dawn B., Barbara C. and Adria R.

