

FOOTNOTES NEWSLETTER



FM# 522 (1342 Lancaster Ave., Syracuse, NY 13210)

November 2024

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

November 2024

Folksmarch

Date: Saturday, November 9th, 9:00 – 12:00 and Sunday, November 10th, 1:00 – 3:00

Annual Membership Pass: \$40
Includes Yearly Passport card and 12 monthly walks.

Yearly Passport card: \$10 prorated semi-annually

Monthly Walking Rates:

First Time Walkers FREE!
Adults \$4.00
Youth 6-18 \$1.00
5 and under FREE
Family \$9.00 (max)

CNY Folksmarch Inc. – 2024 Board of Directors

Barbara Crane ('24), President
Sue Straub ('25), Vice President
Adria Ripka ('24), Secretary
Brian Noll ('25), Treasurer

Other Board of Directors:

Eileen Arnold ('24)
Dawn Bennett ('26)
Erin Cunia ('26)
Lori Newcomb ('26)

NOVEMBER FOLKSMARCH – MEADOWBROOK NEIGHBORHOOD



The Meadowbrook area in the City of Syracuse is considered a very walkable, dog-friendly neighborhood and is part of the Westcott community. Folksmarch will start at the Bishop Harrison Center, which is next door to All Saints Church. Folksmarchers will use the entrance that is located at the back of the building with a blue sign next to the door that reads: South Entrance.

After signing-in, Folksmarchers will head over to Barry Park which recently had a sidewalk installed along its westerly border on Westcott St. The park was named after William A. Barry, a former Commissioner of the Syracuse Parks Department. With about 15 acres, this relatively small neighborhood park is packed with several recreational and environmental opportunities to enjoy. Plus, the park is adjacent to the Onondaga County Meadowbrook Detention Basin where everyone can enjoy walking, jogging or bicycling along the mile long dirt/mulched trail.



DIRECTIONS: (FROM DOWNTOWN SYRACUSE CENTER – S. SALINA ST. & FAYETTE ST.)

Head south on S. Salina St. toward W. Jefferson St.; travel 1.6 miles; turn left on E. Colvin St.; travel 1.3 miles; turn left onto Lancaster Ave.; travel 0.3 mile.

OR

Use your GPS for an alternate route along Meadowbrook Dr. where you can observe several birdhouses along the median. This neighborhood initiative was created over a decade ago and is maintained by nearby residents with some help from the City.



SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: leemount@gmail.com WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances.

Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become a member of the CNY Folksmarch walking group.



MESSAGE FROM THE NOMINATING COMMITTEE

OUR ANNUAL MEETING WILL BE HELD IMMEDIATELY FOLLOWING
OUR WALK ON SATURDAY, DECEMBER 7, 2024, AT NOON AT THE
NYS EQUAL RIGHTS HERITAGE CENTER, 25 SOUTH STREET,
AUBURN, NY 13021

The Nominating Committee will present the slate of board nominees and will announce the returning board members who will serve a 3-year term from January 1, 2025 – December 31, 2027.

Early voting will be offered at the November Folksmarch. If you plan to attend and vote at the Annual Meeting in December, please do not vote at the walk in November. In other words, vote only once.

We are pleased to present the following returning directors who are being considered for another 3-year stint on the Board:

- **Eileen Arnold**, a long-time board member and the person in charge of the fun pin designs we Folksmarchers enjoy each month.
- **Adria Ripka**, our current Board Secretary who is also heading up the Walk Site Committee for 2025.

These 2 returning board members will join the current team consisting of: **Dawn Bennett, Barbara Crane, Erin Cunia, Lori Newcomb, Brian Noll, and Sue Straub.**

Our Treasurer will also present the annual financial report at this meeting. Plus, the Board will vote on their officers whose terms will begin January 1, 2025.

We hope to have a good turn-out at the Annual Meeting. We will have some light refreshments, and depending on attendance, we will have a drawing for a 2025 Annual Pass (a \$40 value.) You must be present to win. Board members are exempt from the drawing.



Heads Up



New Event in NOVEMBER

Warm Winter Items Wanted in November & December

Folksmarch loves visiting communities in Central New York and appreciates all the people and sites. In the spirit of giving back, we suggest donating warm items to elementary and middle school children, which includes grades K-7 or ages 5-12.

For this event FM is planning to give items to the Roxboro Elementary and Middle Schools as Board Member (and teacher) Brian Noll indicates there is a need for such warm items as mittens, gloves, hats, scarves, and even socks especially during the upcoming cold weather. Please note that some middle schoolers have growth spurts making adult size items just as necessary as the smaller sizes.

Look for a big collection box near the sign-in table at both the November and December Folksmarches, which Brian has volunteered to deliver to the Roxboro schools. Thank you in advance for your contributions, proving once again the kind and generous nature of Folksmarchers!



ATTENTION ALL FOLKSMARCHERS: PLEASE MARK YOUR CALENDARS
THE DECEMBER FOLKSMARCH WILL BE THE 1ST WEEKEND IN
DECEMBER – SATURDAY DECEMBER 7TH AND SUNDAY DECEMBER 8TH
IN AUBURN

2024 Walk Schedule

January 13 & 14 - Destiny USA	July 13 & 14 - Cato
February 10 & 11 - Minocqua	August 10 & 11 - Cedar Bay Dewitt
March 9 & 10 - Rosamond Gifford Zoo	September 14 & 15 - Clark Reservation
April 13 & 14 - Marcellus	October 12 & 13 - Chittenango
May 11 & 12 - Green Lakes State Park	November 9 & 10 - Meadowbrook
June 8 & 9 - Sterling Nature Center	December 7 & 8 - Auburn

RECAP OF OCTOBER FM – What a Difference a DAY Makes!

We had two typical but opposite Autumn days for our Folksmarch in October. Saturday was crisp and sunny with some beautiful scenery from the hills at Clear Path for Veterans in Chittenango. Most of our usual walkers, plus six first timers, showed up to enjoy walking the relatively moderate trail. Then came Sunday and the other end of the spectrum for a Fall day in Central New York. It was dreary, cold and rainy. Not surprisingly, only a handful of walkers decided to brave the elements and possibly some slippery leaves on parts of the trail.

Many thanks to our Folksmarch volunteers Linda K., Beth T. and Sue S.

Our very accommodating Clear Path host Matthew Enders wants everyone to know that the trails are always open for the public to enjoy. As a thank-you for their hospitality we have attached info about Clear Path's Thanksgiving Pie Fundraiser for anyone who might be interested.



Thanksgiving Pie Fundraiser

ORDERING WILL CLOSE FRIDAY
NOVEMBER 22, 2024

Pie Flavors Available:

Pumpkin Pie

Chocolate Cream Pie

Apple Pie

Pecan Pie

Mixed Berry Pie

Allergen Free pies available
in Apple, Chocolate Cream,
Pumpkin, & Mixed Berry
thanks to our partnerships
with Aurora's Cafe and Gifts!



All orders will be available for pick up at

Clear Path for Veterans on:

Monday November 25 5pm-8pm

Tuesday November 26 12pm-3pm & 5pm-7pm

Wednesday November 27 9am-12pm

Veteran Meal Sponsorship

In addition to our pie fundraiser, you can sponsor a Thanksgiving meal for Veterans and Active Duty Service Members this holiday. Clear Path's Peer Program will deliver hot Thanksgiving meals, prepared by our culinary team, to local military bases and veterans in need.

SCAN HERE TO ORDER OR SPONSOR:



THE NEXT CNY FOLKSMARCH EVENT WILL BE HELD DECEMBER 7 & 8 IN AUBURN
CHECK WEBSITE FOR UPDATES [HTTPS://FOLKSMARCH.WORDPRESS.COM](https://folksmarch.wordpress.com)