

FOOTNOTES NEWSLETTER



FM# 519 (6975 Cedar Bay Road, Fayetteville, NY 13066)

August 2024

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

August 2024 Folksmarch

Date: Saturday, August 10th, 9:00
- 12:00 and Sunday, August 11th,
1:00 - 3:00

Annual Membership Pass: \$40
Includes Yearly Passport card
and 12 monthly walks.

Yearly Passport card: \$10
prorated semi-annually

Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6-18 \$1.00

5 and under FREE

Family \$9.00 (max)

CNY Folksmarch Inc. - 2024 Board of Directors

Barbara Crane ('24), *President*
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Eileen Arnold ('24)
Dawn Bennett ('26)
Erin Cunia ('26)
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AUGUST FOLKSMARCH AT CEDAR BAY PARK, TOWN OF DEWITT A/K/A OLD ERIE CANAL STATE HISTORIC PARK

We were all wearing masks and keeping a safe distance apart the last time we had a Folksmarch at Cedar Bay Park. That was in October 2020. We will walk a similar route this time. Our 5k Folksmarch will include the paved surface along the canal from the park going east toward North Burdick St., with an option to go further if desired.



Also included will be a portion of Ryder Park that consists of trails composed of crushed stone and wood chips. Both areas have level terrain. Leashed dogs are allowed with owners doing any needed clean-up, of course.

The walk along the Erie Canal is a pleasant, not difficult walk. If it is a sunny day you will want to bring sunscreen and/or a hat, as there is very little shade along this section of the canal.

Our sign-in table will be at the pavilion which is clearly visible from the parking lot.



DIRECTIONS:

The park does not have an actual address, but 6975 Cedar Bay Rd., Fayetteville NY seems to work for GPS. The entrance to the park is located between Kinne Rd. and North Burdick St.

From Syracuse: Take Route 5E (a/k/a Erie Blvd East), turn left onto Kinne Rd. (just before Shoppingtown) and follow to the T at the end. Turn left onto Lyndon Rd which becomes Cedar Bay Rd. Travel about ½ mile; turn left into the parking lot of Cedar Bay Park/Old Erie Canal State Historic Park.



SUNSHINE COMMITTEE

IF YOU KNOW OF A CURRENT OR FORMER FOLKSMARCHER WHO MIGHT ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT @ (315) 668-7175 OR EMAIL: LEELAINE@TWCNY.RR.COM WITH THE DETAILS.

THIS MAY INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY MEMBER OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become a member of the CNY Folksmarch walking group.

Upcoming Senior Fairs

We are planning ahead and wondering if anyone is available to help staff the Folksmarch table at either of the events listed below. Both of Senator Mannion’s events draw quite a few Senior citizens and friends to hear about opportunities available for them in their communities. The Folksmarch display usually has a steady flow of visitors.

4th Annual Senior Fair (in Onondaga County)
September 10, 2024, Tues, 9am-11am
SUNY OCC, SRC Arena

2nd Annual Senior Fair (in Oswego County)
September 17, 2024, Tues, 2pm-4pm
Lake Ontario Event & Conference Center



If you would like to help, please call Sue (315)437-5087 (landline) or sue.straub58@gmail.com.

2024 Walk Schedule

January 13 & 14 – Destiny USA	July 13 & 14 – Cato
February 10 & 11 – Minoa	August 10 & 11 - Ceder Bay Dewitt
March 9 & 10 – Rosamond Gifford Zoo	September 14 & 15 - Clark Reservation
April 13 & 14 – Marcellus	October 12 & 13 - Chittenango
May 11 & 12 – Green Lakes State Park	November 9 & 10 - Meadowbrook
June 8 & 9 – Sterling Nature Center	December 14 & 15 - Auburn



MUCH TO SEE AND LEARN IN CATO

After signing in at the Civic Heritage Historical Society, FMers could walk in Cato and then have the option to drive to Meridian where there was more to see and learn. With the hot and humid weather on both days, many people took advantage of the option to drive to Meridian, especially as that provided them with the opportunity to stop at the Happy Days Drive-In ice cream shop for some welcome refreshment!

Our hosts provided a listing of buildings and other features to watch for and even provided pictures. Along the way, volunteers from the Historical Society were available at three different locations to provide general history and often little known facts about the various spots where they were stationed. Many people visited the Civic Heritage Historical Society building itself, which houses a well laid out museum with artifacts and exhibits of local interest.

Several walkers commented on how much they enjoyed hearing what the volunteers had to say at their locations, and others mentioned that they intended to come back and check out the cemeteries and a few of the other items they missed this time around.

The Historical Society volunteers deserve a big shout-out of thanks for being outstanding hosts who went above and beyond to be welcoming and provide not only written information and photos but also on both days to have people who were friendly and happily shared their knowledge of the area at three locations, two in Cato and one in Meridian. Special thanks go to May S., Kathy D., Eva T-S., Amy S., June J. and Donna S.

Cato drew an amazing number of First-Timers – 14! Welcome to Kathy & Mike A.; Kevin & Deborah W.; Trudy & Dave E.; Suzanne L.; Linda H.; Karen P; and a family Janile, Ellise, Cecilly, Pepper and Ryan K. We hope you enjoyed this walk and come to the next one at Cedar Bay Park, DeWitt on August 10 & 11.

Thanks to our helpers Adria R., June J., Dawn B., Donna S. and Barbara C. We couldn't do this without you.

THE NEXT CNY FOLKSMARCH EVENT WILL BE HELD SEPTEMBER 14 & 15 AT CLARK RESERVATION

CHECK WEBSITE FOR UPDATES [HTTPS://FOLKSMARCH.WORDPRESS.COM](https://folksmarch.wordpress.com)