

FOOTNOTES NEWSLETTER



FM# 514 (1 Conservation Place, Syracuse , NY 13204)

March 2024

Folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

March 2024 Folksmarch

Date: Saturday, March 9th, 10:00 – 12:00 and Sunday, March 10th, 1:00 – 3:00

Annual Membership Pass: \$40
Includes Yearly Passport card and 12 monthly walks.

Yearly Passport card: \$10
prorated semi-annually

Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6-18 \$1.00

5 and under FREE

Family \$9.00 (max)

CNY Folksmarch Inc. – 2024 Board of Directors

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MARCH FOLKSMARCH @ ROSAMOND GIFFORD ZOO IN BURNET PARK**

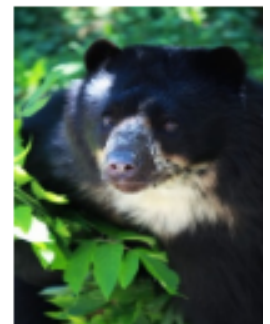
Many of you will recall the anniversary celebration we Folksmarchers enjoyed at the zoo in October 2021. Since then, the zoo has welcomed a new penguin, the birth of twin elephants and most recently 2 tiger cubs. These new arrivals join the other 900 animals that live at the Rosamond Gifford Zoo.

The month of March in Central New York is one of the most challenging for our walk site schedulers to find a suitable location for the Folksmarch. Since the municipalities cannot guarantee clear passage or safe trails (well, in a typical year that is) most of the parks no longer allow groups like ours to hold a planned event on a winter weekend.

The zoo is open year-round with an outdoor groomed trail that takes in a view of hundreds of animals that reside there. If you are dedicated to doing the usual 5k Folksmarch, you could repeat the 0.75-mile walk in and outside the zoo, plus add a 0.25-mile jaunt around the upper parking lot where you will have a magnificent view of the city.

The usual Folksmarch fee of \$4 will be in place, but entry to the zoo will be FREE for all Folksmarchers. Only on-duty service animals are permitted to visit the zoo.

PLEASE NOTE SATURDAY HOURS WILL BE 10:00 A.M. – NOON. The doors will open at 9:30 and we will be there for sign-in, but entry to the zoo is not until 10:00 a.m. Sunday hours will be as always: from 1:00 – 3:00 p.m.





DIRECTIONS

There may be changes due to revamping highways – it is best to follow your navigation system. **Use Destination:** One Conservation Place OR Rosamond Gifford Zoo, Syracuse, NY 13204

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****PLEASE BE AWARE:** Saturday, March 9th, 10:00 a.m. coincides with the start of the **SHAMROCK RUN ON TIPPERARY HILL**. The 4-mile foot race, which draws thousands of runners, begins and ends in Burnet Park. Please drive carefully in the neighborhood and follow directions to stop or detour on certain streets. Your cooperation will be much appreciated by the runners and the volunteer street monitors who have a tough job to do that morning. This should not hinder parking at the zoo, just traffic patterns.

SOMETHING TO CONSIDER

IT'S STILL A BARGAIN IF YOU PURCHASE A \$40 ANNUAL PASS AT THE MARCH 2024 FOLKSMARCH. YOU WOULD RECEIVE 10 PRE-PAID WALKS (GOOD THROUGH DECEMBER) PLUS THE PASSPORT TO KEEP TRACK OF EACH WALK – WHICH MEANS YOU WOULD SAVE \$10 FOR THE YEAR AND YOU WOULD BECOME A FULL- FLEDGED MEMBER OF CNY FOLKSMARCH.



SUNSHINE COMMITTEE

IF YOU KNOW OF A FOLKSMARCHER WHO WOULD ENJOY A CARD FOR A SPECIAL OCCASION, PLEASE CONTACT ELAINE MOUNT@ (315) 668-7175. THIS MIGHT INCLUDE A GET-WELL CARD OR CONDOLENCES TO A FAMILY OR WISHES FOR A VERY HAPPY MILESTONE BIRTHDAY.

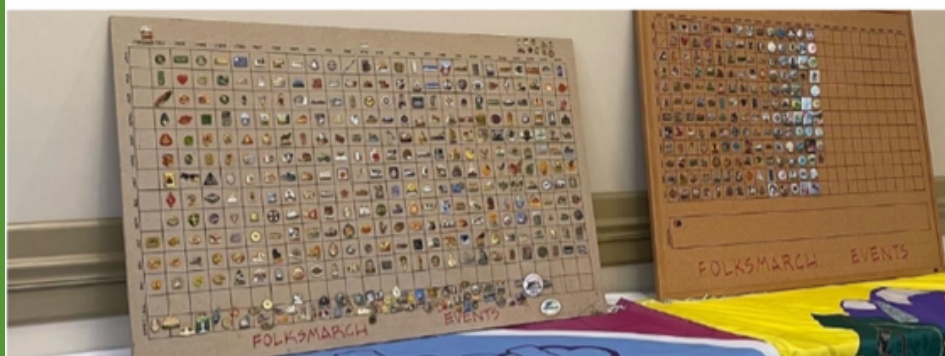
PINS, PINS, AND MORE PINS

We have a couple of boards filled with pins from every single Folksmarch that has happened since October 1981. That's a lot of pins! Those boards are displayed at special meetings and/or walks – like the 40th anniversary party we enjoyed in 2021.

IF YOU ARE LOOKING FOR PINS FROM YEARS GONE BY, LET US KNOW. WE WILL OFFER YOUR CONTACT INFO TO THOSE WHO HAVE PINS TO GIVE AWAY.

Email:
cnyfolksmarch@gmail.com

Some current and former Folksmarchers have asked if we have any use for their extensive pin collection. Since we have a complete set, we wondered if we might be able to facilitate an exchange for those who want to dispose of unwanted pins with those who are trying to increase their collection.



2024 Walk Schedule

January 13 & 14 – Destiny USA	July 13 & 14 - Cato
February 10 & 11 – Minoa	August 10 & 11 - Ceder Bay Dewitt
March 9 & 10 - Rosamond Gifford Zoo	September 14 & 15 - Clark Reservation
April 13 & 14 - Marcellus	October 12 & 13 - Chittenango
May 11 & 12 - Green Lakes State Park	November 9 & 10 - Meadowbrook
June 8 & 9 - Sterling Nature Center	December 14 & 15 - Auburn



TWO GREAT WINTER DAYS FOR WALKING

The February FM in Minoa experienced two snow-free, clear days for walkers who turned out in droves on both Saturday and Sunday. The sun on Saturday enticed people to come out early to walk around the Village. Several Folksmarchers mentioned they had been on the main road going by Minoa but never actually in the Village and were pleased to see a new area. Minoa's streets could be a little tricky as several people who used GPS were directed to Main Street on the other side of the tracks! Being resourceful walkers, they found their way to the sign-in at Jamie's lovely store, Northbound Mind and Body Shop. Although Sunday was cloudy and breezier, double the usual number of people came out to walk and several stopped back in to try some of Jamie's teas.

Welcome First Timers: Penny D., Kathy P., Jim C., Jean & Brian S., Desirae L., Elie D., William P., Zarita & Stan H., Leslie C., Jane B-I, Carla I., and Abigail I-B. It was so nice to have you all join in the Folksmarch. The next FM will be at the Zoo and should be a lot of fun. Hope to see you there.

Special thanks to Jamie not only because she was so welcoming, but also because she opened the store on Sunday especially for us since it is usually closed that day. We really appreciated that as well as the various delicious and healthful teas several FMers tasted. And, of course, thanks to all the workers that weekend: Adria R., Dawn B., Sue S., and Barbara C.

About Us

Folksmarches are generally held on the second weekend every month. The route distance is typically 5K (3.1 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances. Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Membership Pass or a Yearly Passport card is a way to become a member of the CNY Folksmarch walking group.

The next CNY Folksmarch event will be held April 13 & 14 in Marcellus
CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>