



Celebrating Over 40 Years Since 1981

# FOOTNOTES

## NEWSLETTER

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

### November 2023 Folksmarch

**Date:** Saturday, November 11, 9:00—12:00 PM and Sunday, November 12, 1:00—3:00 PM

**Annual Membership Pass:** \$40 Includes Yearly Passport card and 12 monthly walks. **BUY NOW FOR 2024!**

**Yearly Passport card:** \$10 prorated semi-annually

#### Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6—18 \$1.00

5 and under FREE

Family \$9.00 (max)

#### CNY Folksmarch Inc. — 2023 Board of Directors

Erin Cunia ('23), *President*

Sue Straub ('25), *Vice President*

Adria Ripka ('24), *Secretary*

Brian Noll ('25), *Treasurer*

#### Other Board of Directors:

Eileen Arnold ('24), Dawn Bennett ('23),

Barbara Crane ('24).

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

**FM #510** (3243 Fulton Ave., Central Square

**GPS:** 43.287670 – 76.147622)

### November Folksmarch: Central Square

NOVEMBER 11, 9:00 AM-NOON AND NOVEMBER 12, 1:00 PM-3:00 PM – Central Square.

The First Universalist Society of Central Square will be our sign-in location, there is an ample parking lot adjacent to the church. The walk includes a stop at the Central Square Station Museum to view their rolling stock in the train yard, a walk-through Crossroads Park and Goettel Park and the Central Square cemetery. This 5k walk is divided into three roughly equal parts for those who don't want to walk 5k. There are sidewalks along all the roads and the parks are easy to navigate on grass and driveways.

Leashed dogs are allowed throughout the walk.

For those who would like to grab a bite to eat along the walk, Country Glazed Donuts should be open on Saturday morning and Jreck Subs would be a good place to grab a quick lunch either day. For a full meal, a local favorite is Good Gollies on Route 49 just East of I-81 on the left.



(Continued on next page)

## Directions

**From the South** (Syracuse): take I-81 North to exit 32 (Central Square ), turn left on NY State Route 49, go past the light at the intersection with US Route 11 a short block to 3243 Fulton Ave. The church and parking lot is on the left.

**From the West** (Fulton): take NY Route 49 East to Central Square to 3243 Fulton Ave. The church and parking lot will be on the right just before the intersection with US Route 11.

**From the East** (Constantia): take NY State Route 49 West, go past the light at the intersection with US Route 11 a short block to 3243 Fulton Ave. The church and parking lot is on the left.

**From the North** (Watertown): take I-81 South to exit 32 (Central Square ), turn right on NY State Route 49, go past the light at the intersection with US Route 11 a short block to 3243 Fulton Ave. The church and parking lot is on the left.

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

## Do you need a walk buddy?

Want to meet new people? We often have solo walkers that would like to walk with another or in a group. Let's meet at 10:00 AM Saturday and anyone who would like to explore as a group can join in.

## Walk Schedule for 2023 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated!

~~1/14 & 1/15—Destiny Mall, Syracuse~~

~~2/11 & 2/12—Beaver Lake Nature Center~~

~~3/11 & 3/12—Village of Manlius~~

~~4/15 & 4/16—Jordan Elbridge Canal Trail~~

~~5/20 & 5/21—Critz Farms, Cazenovia~~

~~6/10 & 6/11—Great Swamp Conservancy~~

~~7/8 & 7/9—Sterling Nature Center~~

~~LOCATION CHANGE: Rome Art Park~~

~~8/12 & 8/13—Dwyer Memorial Park, Preble~~

~~9/9 & 9/10—Reed Webster & Empire Trail~~

~~10/14 & 10/15—Forest Park, Camden~~

~~11/11 & 11/12—Village of Central Square~~

~~12/9 & 12/10—Downtown Syracuse~~

Please be mindful to check each month's Footnotes and our website for location, date or time changes.



## **BRING A FRIEND TO FOLKSMARCH**



Don't forget....when you bring a new, first-time walker to the September Folksmarch, your name will be entered into the quarterly drawing for a \$10 gift card to Dunkin'.

**Be sure to let the Walk Leader know that you brought a first-timer so that your name gets entered for the prize drawing.** We'll offer this again for October-November-December. You can win more than once.

Any questions? Call Sue (315) 437-5087 or email [sue.straub58@gmail.com](mailto:sue.straub58@gmail.com)

Find us, Like us, Share us! Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

## October Folksmarch: A Cool & Cloudy October FM in Camden

Fall definitely made itself known at Forest Park with so many leaves strewn on the ground. Saturday morning was bright and crisp for our walkers who walked along the road inside the park and perhaps a little challenging for those who ventured on some of the shorter paths inside the forest. Bravo to the Sunday walkers who came in spite of the drizzle that started up partway through the afternoon! Some people walked to the covered bridge at one end of the park closer to the Village of Camden and got to see a small example of New England architecture.

Welcome to First Timer Joyce D. who came on Saturday with her sister June J. And welcome back to Joan & Tom C. who joined us on Sunday after a busy life forced them to take a break from Folksmarch for several years. Join us in the future for adventures at other spots in Central New York.

Last but not least, many thanks to the FMers who helped this month: Erin, Avery, Sue, Adria and Barbara. Besides being an invaluable help, your participation gives you the opportunity to make new friends and keep up with ongoing (not "old") ones.



### MESSAGE FROM THE NOMINATING COMMITTEE:

OUR ANNUAL MEETING WILL BE HELD IMMEDIATELY FOLLOWING OUR WALK ON SATURDAY, DECEMBER 9, 2023, AT NOON AT THE ONONDAGA HISTORICAL ASSOCIATION.

The Nominating Committee will present the slate of board nominees and will announce the new and returning board members who will serve a 3-year term from January 1, 2024 – December 31, 2026.

*Early voting will be offered at the November Folksmarch. If you plan to attend and vote at the Annual Meeting in December, please do not vote at the walk in November. In other words, vote only once.*

We are pleased to present the following returning directors who are being considered for another 3-year stint on the Board:

**Dawn Bennett**, a long-time board member and a regular Helper on Saturday Folksmarches,

**Erin Cunia**, our current Board President who wears many hats that helps keep our group functioning.

Also, a first-time nominee is **Lori Newcomb**, who works for the Eagle Newspaper and is responsible for most of the beautiful photos of various Folksmarches that we see posted on Facebook and our website.

The new/renewing board members will join the current team consisting of:

**Eileen Arnold, Barbara Crane, Brian Noll, Adria Ripka and Sue Straub.**

Thanks to these Board of Directors and all the members who strive to keep Folksmarch going month after month.

## Help Spread the Word!

Here are some easy ways for you to help raise awareness about our group:

- “Like” AND “Share” Folksmarch postings on Facebook, Twitter, Instagram
- Post photos of your Folksmarch walks on Facebook, Twitter, Instagram, etc. and use the hashtag **#cnyfolksmarch** and tag us **@folksmarch**
- Email a copy of Footnotes to someone who likes to walk and/or discover new places
- Hand-out some postcards with the walking schedule (pick up a few at the next walk). ➔



Phone a friend and invite them to the next walk Tell your friends how much you enjoy Folksmarch! Any questions or comments please contact CNY Folksmarch President, Erin Cunia, [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

The next CNY Folksmarch event will be held December 9 & 10, 2023, Downtown Syracuse.

**Please be safe and stay healthy. Keep walking!**

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>