



Celebrating Over 40 Years Since 1981

# F O O T N O T E S

## N E W S L E T T E R

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

### September 2023 Folksmarch

**Date:** Saturday, September 9, 9:00—12:00 PM and Sunday, September 10, 1:00—3:00 PM

**Annual Membership Pass:** \$40 Includes Yearly Passport card and 12 monthly walks. **HALF PRICE SALE! Now just \$20**

**Yearly Passport card:** \$10 prorated semi-annually

#### Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6—18 \$1.00

5 and under FREE

Family \$9.00 (max)

#### CNY Folksmarch Inc. –

#### 2023 Board of Directors

Erin Cunia ('23), *President*

Sue Straub ('25), *Vice President*

Adria Ripka ('24), *Secretary*

Brian Noll ('25), *Treasurer*

#### Other Board of Directors:

Eileen Arnold ('24), Dawn Bennett ('23),

Barbara Crane ('24).

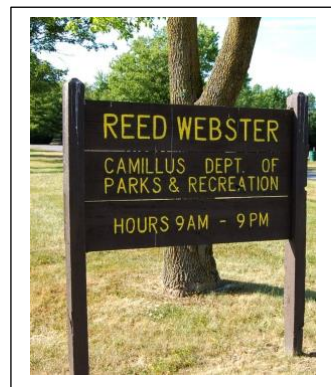
A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

**FM #508** (3491 Warners Rd, Camillus **GPS:** 43.06497, -76.26853)

### September Folksmarch: Reed Webster Park & Empire State Trail

SEPTEMBER 9, 9:00 AM-NOON AND SEPTEMBER 10, 1:00 PM-3:00 PM – Reed Webster Park in Camillus.

The sign-in location for this month's Folksmarch will be at the pavilion in Reed Webster Park in Camillus. It's a short walk to the starting point of one of the newer sections of the Empire State Trail/Erie Canalway Trail. The paved trail begins with a slight uphill slope heading east, but soon levels off. This might not be the most scenic section of the Empire/Erie trail, but along the way you may spot some wild turkeys or other little critters and birds. Some walkers claim there's a desert feel along a portion of the trail, but upon turning a bend you quickly realize you are not far from a suburban neighborhood. A marker will indicate when Folksmarchers have reached the 1.5-mile turn-around point. With the walk back that equals just about a 5k. For any who want a much greater challenge, they can continue along this section of the trail to the New York State Fairgrounds which is about 3.5 miles from our starting point (and of course, back again to Reed Webster would be a total of 7 miles.)



FYI: Leashed dogs are allowed on the trail but are NOT allowed in Reed Webster Park.

(Continued on next page)

## Directions

**From Syracuse:** Take I-690W to Exit 6 (NY-695S to NY-173W/Warners Rd.) Take NY-173/Warners Rd. Exit from NY-5W. Follow NY-173W/Warners Rd. for 1.4 miles. Destination (Reed Webster pavilion and parking lot) will be on your right.

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

## Do you need a walk buddy?

Want to meet new people? We often have solo walkers that would like to walk with another or in a group. Let's meet at 10:00 AM Saturday and anyone who would like to explore as a group can join in.

## Walk Schedule for 2023 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated!

~~1/14 & 1/15—Destiny Mall, Syracuse~~

~~2/11 & 2/12—Beaver Lake Nature Center~~

~~3/11 & 3/12—Village of Manlius~~

~~4/15 & 4/16—Jordan Elbridge Canal Trail~~

~~5/20 & 5/21—Critz Farms, Cazenovia~~

~~6/10 & 6/11—Great Swamp Conservancy~~

~~7/8 & 7/9—Sterling Nature Center~~

LOCATION CHANGE: Rome Art Park

~~8/12 & 8/13—Dwyer Memorial Park, Preble~~

9/9 & 9/10—Reed Webster & Empire Trail

10/14 & 10/15—Forest Park, Camden

11/11 & 11/12—Village of Central Square

12/9 & 12/10—Downtown Syracuse

Please be mindful to check each month's Footnotes and our website for location, date or time changes.



## **BRING A FRIEND TO FOLKSMARCH**



Don't forget....when you bring a new, first-time walker to the September Folksmarch, your name will be entered into the quarterly drawing for a \$10 gift card to Dunkin'.

**Be sure to let the Walk Leader know that you brought a first-timer so that your name gets entered for the prize drawing.** We'll offer this again for October-November-December. You can win more than once.

Any questions? Call Sue (315) 437-5087 or email [sue.straub58@gmail.com](mailto:sue.straub58@gmail.com)

Find us, Like us, Share us! Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

## Good Times at Dwyer Park

Saturday at Dwyer Park in Preble turned out to be a lovely day for the picnic. Sunny and pleasant all day except for a 5-minute or less passing cloud burst about 11:30 am. FMers walked mostly along the dirt roads within the park but occasionally ventured down footpaths near woods or along one of the three small lakes around the property. One lake is right behind the summer venue of the Cortland Repertory Theater which looks very nice, spruced up after the COVID years. Sunday was also a sunny summer day, perhaps a little too warm for walking in the open but enthusiastic FMers can handle anything! The picnic on Saturday was very nice, with Hofmann's hotdogs, chips, all sorts of wonderful dishes to pass, including a home-made blueberry pie from fresh picked berries by Elaine M.- thank you so much!

Thanks to helpers Erin C., her granddaughter Avery, Barbara C., Dawn B., and especially Pam S. who was a big help at her 1<sup>st</sup> time volunteering and did a great job - we really appreciate it!

## NOMINATIONS FOR FOLKSMARCH BOARD OR DIRECTORS

It is that time of year once again when we are seeking nominations for new Board of Directors. The term is for 3-years and begins January 1, 2024 and ends December 31, 2026. Please see the attached form for details and keep in mind that we need new members on the board AND on our committees such as:

Publicity and Walk Sites.



A Board position with Folksmarch is not considered overly taxing. We do not meet every month and Board members are not asked to do much fundraising, as is the case with some Boards.

**Ideas to increase monthly participation, Leadership for our monthly walks, tech skills and knowledge of social media are all greatly needed for Folksmarch to continue.** If you have any time to help our organization to keep going, please consider a term on the Board.

Please contact CNY Folksmarch Vice President, Sue Straub, [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com) if you can help.

CNY Folksmarch has over 150 individuals that walk throughout the year, but we need volunteers like YOU to continue.

**Please, we need your help to keep Folksmarch going!**

## In Memoriam



Folksmarch lost a lovely woman this past month., Margaret “Peg” Price. Services were held at Bellevue United Methodist Church on Saturday August 26, 2023, at 11:00 am. It was a beautiful service where each of Peg’s children spoke and dear Walt played the piano. In lieu of flowers the family requested donations be made to Francis House.

Obituary <https://www.legacy.com/us/obituaries/syracuse/name/margaret-price-obituary?id=52857790> “Peg was the right hand to her husband Walt for many events including the Mountain Goat Race, the Cross State Relay and their beloved Folksmarches. They traveled the world with the Folksmarch faithful and maintained many dear friends from those monthly walks around Central New York.” Walt wrote following the weekend that Peg was the heart of our program. He was right. You will be missed dear lady. Love and prayers to Walt and the family.

## Help Spread the Word!

Here are some easy ways for you to help raise awareness about our group:

- “Like” AND “Share” Folksmarch postings on Facebook, Twitter, Instagram
- Post photos of your Folksmarch walks on Facebook, Twitter, Instagram, etc. and use the hashtag **#cnyfolksmarch** and tag us **@folksmarch**
- Email a copy of Footnotes to someone who likes to walk and/or discover new places
- Hand-out some postcards with the walking schedule (pick up a few at the next walk). ➔

**CNY FOLKS MARCH**  
Monthly Walking Club

January 14 & 15 - Destiny Mall  
February 11 & 12 - Beaver Lake Nature Center  
March 11 & 12 - Village of Manlius  
April 15 & 16 - Jordan Elbridge Canal Trail  
May 20 & 21 - Critz Farms, Cazenovia  
June 10 & 11 - Great Swamp Conservancy  
July 8 & 9 - Sterling Nature Center  
August 12 & 13 - Dwyer Memorial Park  
September 9 & 10 - Reed Webster & Empire Trail  
October 14 & 15 - Forest Park, Camden  
November 11 & 12 - Village of Central Square  
December 9 & 10 - Downtown Syracuse

Join us at a different location every month!

**CNY FOLKS MARCH**  
2023 Walk Schedule  
[folksmarch.wordpress.com](http://folksmarch.wordpress.com)

Phone a friend and invite them to the next walk Tell your friends how much you enjoy Folksmarch! Any questions or comments please contact CNY Folksmarch President, Erin Cunia, [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

The next CNY Folksmarch event will be held October 14 & 15, 2023, Forest Park, Camden.

**Please be safe and stay healthy. Keep walking!**

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>

## **WANT TO GET MORE INVOLVED?**

**We are seeking nominations for the Board of Directors. We are looking for people who enjoy walking, of course, but also those who have some new ideas and energy to share. You can nominate anyone you feel would be a good fit, which even includes nominating yourself. Directors are elected for a 3-year term and can be re-elected.**

**The Nominating Committee will review and consider all nominations and present the slate for a vote of the entire membership prior to the beginning of the Official Year which is January 1st.**

### **FOLKSMARCH BOARD NOMINATION** **[PLEASE PRINT]**

Name of Nominee: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation/Skills/Hobbies: \_\_\_\_\_

Reason for nomination: \_\_\_\_\_

Nominated by: \_\_\_\_\_

Nominator's Contact info: \_\_\_\_\_

Any other info you want to share: \_\_\_\_\_

**Please email your nomination by OCTOBER 15<sup>TH</sup> to:**  
**[sue.straub58@gmail.com](mailto:sue.straub58@gmail.com) OR [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com)**  
**OR**

**Mail to: FM Nominations**  
**c/o Sue Straub, 200 Nichols Ave., Syracuse, NY 13206**

**OR**  
**Call Sue @ (315) 437-5087 (Landline)**