



# FOOTNOTES

## NEWSLETTER

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

### May 2023 Folksmarch

**Date:** Saturday, May 20, 9:00—12:00 PM and Sunday, May 21, 1:00—3:00 PM

**Annual Membership Pass:** \$40 Includes Yearly Passport card and 12 monthly walks.

**Yearly Passport card:** \$10 prorated semi-annually

#### Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6—18 \$1.00

5 and under FREE

Family \$9.00 (max)

### CNY Folksmarch Inc. – 2023 Board of Directors

Erin Cunia ('23), *President*

Sue Straub ('25), *Vice President*

Adria Ripka ('24), *Secretary*

Brian Noll ('25), *Treasurer*

#### Other Board of Directors:

Eileen Arnold ('24), Dawn Bennett ('23), Barbara Crane ('24).

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

**FM #504** (3232 Rippleton Rd., Cazenovia, NY **GPS:** [42.8806449,-76.2031128](https://www.google.com/maps?ll=43.3804,-76.2031&t=m&z=15&q=3232+Rippleton+Rd%2C+Cazenovia%2C+NY+13035))

### May Folksmarch Among the Apple Trees

MAY 20, 9:00 AM-NOON AND MAY 21, 1:00 PM-3:00 PM – **Critz Farms** opened in the mid 80's as a pumpkin farm with a cute play area for children. Since then, it has grown to an almost year-round destination with apples and cider, Christmas trees, maple syrup and many other goodies, besides a large playground with unique equipment for youngsters to enjoy. Families can easily spend an entire afternoon enjoying the farm or relaxing inside or on the patio of the Tasting Room.



Our May Folksmarch will include various levels of intensity that can appeal to just about everyone. If we get much rain the week prior, certain areas on the trails might be somewhat muddy. You may choose the easier Trillium Trail with a portion of the path along an old railroad bed. The more challenging Blue Loop is covered with leaves and several branches and other moderate challenges, including a couple of short, but slightly steep hills. A walking stick



would be helpful in a few spots. It's also very possible to create your own route, taking in the view from the hill near the Tasting Room, then down and around the animal barns and the play area.

We hope you join us at the May Folksmarch and bring the kids or the grandkids, friends and neighbors. Your "well behaved, leashed dogs" are also welcome everywhere on the farm.

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Our sign-in table will be in the Tasting Room. As usual, follow the Folksmarch arrows and look for the Folksmarch banner and sign. After your walk you may want to relax inside, or on the patio, sipping a beverage that has been produced from ingredients grown right on the farm. A special treat might be a root beer float made with maple syrup produced on the farm.

Our gracious hostess, and owner, Juanita Critz has made arrangements to have Oscar's Food Truck available on both days. Saturday from Noon-8:00 and Sunday from 11:00-6:00. Fingers crossed for pleasant weather to thoroughly enjoy this lovely location for our monthly walk.

### Directions

*From North (Baldwinsville):* Rte 690E to 481S to Exit 3E; Follow Rte 92 through Manlius to end; turn left on Rte 20; turn right on Rte 13; Critz Farms will be 3.5 miles on the left.

*From the South (Preble):* Rte 81N to Tully exit; turn left off ramp to Rte 80; turn right on Rte 80E; Follow Rte 80 through Fabius; turn left at flashing light onto Rte 13 N; Critz Farms will be 3.5 miles on the right.

*From the East (Syracuse):* Rte 90 to Canastota; turn left off ramp and follow Rte 13S; turn right on Rte 13S (Rte 5W); Follow Rte 13S (Rte 5W) through Chittenango; Fork left in Chittenango to stay on Rte 13S; Continue South past Chittenango Falls to Cazenovia; Rte 13S turns right and then left in Cazenovia; Stay straight on Rte 13; Critz Farms will be 3.5 miles on the left.

*From the West (Skaneateles):* Rte 20E to Cazenovia; turn right onto Rte 13S; Critz Farms will be 3.5 miles on the left.

*Please note: Anyone who is not using GPS or another navigation system, please do not rely totally on these directions. Double check on a map or whatever you usually use when travelling.*

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

### Do you need a walk buddy?

Want to meet new people? We often have solo walkers that would like to walk with another or in a group. Let's meet at 10:00 AM Saturday and anyone who would like to explore as a group can join in.

### Not too Late!

Still time to get your 2023 Annual Membership Pass (\$40) or a Yearly Passport membership card (\$10). The price for these has remained the same for 2023. The \$40 Annual Membership Pass includes a Yearly Passport membership card (regularly \$10) and the remaining monthly walks (\$4 per walk).

### Want to Meet New People?

We need monthly walk leaders to help plan the routes and check in participants. This is a great opportunity to meet others interested in walking around CNY. We also need help with the newsletter and social media accounts. Anyone interested in helping to keep this club going please contact Erin Cunia [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

### Please Help Keep Folksmarch Going!

We are so appreciative of all the **Walk Leaders and Helpers** who show up before, during and after each month's event. Some of these folks (most of them) have been doing it for too many years to

Find us, Like us, Share us! Facebook: [@folksmarch](https://www.facebook.com/cnyfolksmarch) Twitter: [@folksmarch](https://twitter.com/cnyfolksmarch) Instagram: [@folksmarch](https://www.instagram.com/cnyfolksmarch)

count. We need a few more willing volunteers in order to continue our walks month after month, year after year.

Wondering what's involved? It's mainly confirming details with the venue, planning a route, checking-in participants. Ideally, we would have 12 teams so everyone is only responsible for one month each year, but any amount of new folks would be great. Any one of the Board of Directors is always available to assist with any questions or snags that may come up. Besides helping your walking club to continue, being a Walk Leader provides an opportunity to meet more of your fellow Folksmarchers. Please give it some thought. Any questions or if interested, please contact CNY Folksmarch President Erin Cunia @ [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com)

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## Walk Schedule for 2023 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated!

1/14 & 1/15	<del>Destiny Mall, Syracuse</del>	7/8 & 7/9	Sterling Nature Center
2/11 & 2/12	<del>Beaver Lake Nature Center</del>	8/12 & 8/13	Dwyer Memorial Park, Preble
3/11 & 3/12	<del>Village of Manlius</del>	9/9 & 9/10	Reed Webster & Empire Trail
4/15 & 4/16	<del>Jordan Elbridge Canal Trail</del>	10/14 & 10/15	Forest Park, Camden
5/20 & 5/21	Critz Farms, Cazenovia	11/11 & 11/12	Village of Central Square
6/10 & 6/11	Great Swamp Conservancy	12/9 & 12/10	Downtown Syracuse

Please be mindful to check each month's Footnotes and our website for location, date or time changes.



***"We should get together more often."*** We all say this from time to time to friends and/or family members. Here's an idea - encourage them to meet you at a Folksmarch - every month or even just once in a while. You can walk - and talk - together as often as you like. If you still want to continue visiting after your excursion, you could head out for something to eat. It can become your very own monthly walking club tradition.

If you need extra incentive, how about this: for every Folksmarcher who brings a new, 1st time walker to the April, May and/or June Folksmarch, your name will be entered into a *quarterly drawing* for a \$10 gift card to Dunkin'. We'll do this again for July, August, September and then again for October, November, December.

Now's the time to start rounding up those old friends, neighbors, relatives and acquaintances and introduce them to Folksmarch. Be sure to let the Walk Leader know that you brought a first-timer so we are sure to get your name entered for the prize drawing.

## Highlights: Summer in April at Jordan-Elbridge

Very warm sunny summery weather on both Saturday and Sunday greeted the walkers at the Jordan-Elbridge Community Center for the walk along the canal. Many walkers stopped at Lock 51 where the Village of Jordan Historian, Elaine Peters, and her helpers dressed in period clothes, provided details on the history of the period. The Enlarged Lock 51 was built in 1857 and was “a busy thoroughfare with traffic jams, schedules to meet, and lock gates clanging shut” [from the interpretive sign at the website] until the construction of the State Barge Canal in 1918. Elaine even generously provided water to many walkers who needed it after their sun-drenched walk! Their photographer, Karen Simko, took many pictures as did our own Lori N., some of which may appear in our next *Footnotes*. [check out our social media sites, Facebook, Twitter, & Instagram]

Welcome to several First Timers: Frances H., Donna S., Claire B., Radey R., LouAnn M., Nathaniel B, and Julia G. If you enjoy checking out new spots in CNY, we hope you come to Critz Farms in Cazenovia next month! Thanks so much to Joe Patrick at the Jordan Elbridge Community Center for his help with our walk. And of course, thanks to Sue S., Linda S. Barbara C., Jaci F. and Theresa G., our FM workers without whom these walks could not take place.

## Help Spread the Word!

Here are some easy ways for you to help raise awareness about our group:

- “Like” AND “Share” Folksmarch postings on Facebook, Twitter, Instagram
- Post photos of your Folksmarch walks on Facebook, Twitter, Instagram, etc. and use the hashtag **#cnyfolksmarch** and tag us **@folksmarch**
- Email a copy of Footnotes to someone who likes to walk and/or discover new places
- Hand-out some postcards with the walking schedule (pick up a few at the next walk). ➔



Phone a friend and invite them to the next walk Tell your friends how much you enjoy Folksmarch!

The next CNY Folksmarch event will be held June 10 & 11, 2023, Great Swamp Conservancy.

**Please be safe and stay healthy. Keep walking!**

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>