



# F O O T N O T E S

## N E W S L E T T E R

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

### April 2023 Folksmarch

**Date:** Saturday, April 15, 9:00—12:00 PM and Sunday, April 16, 1:00—3:00 PM

**Annual Membership Pass:** \$40 Includes Yearly Passport card and 12 monthly walks.

**Yearly Passport card:** \$10 prorated semi-annually

#### Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6—18 \$1.00

5 and under FREE

Family \$9.00 (max)

#### CNY Folksmarch Inc. – 2023 Board of Directors

Erin Cunia ('23), *President*

Sue Straub ('25), *Vice President*

Adria Ripka ('24), *Secretary*

Brian Noll ('25), *Treasurer*

*Other Board of Directors:*

Eileen Arnold ('24), Dawn Bennett ('23),

Barbara Crane ('24).

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

**FM #503** (1 NY-31, Jordan, NY 13080 **GPS:** [43.067,-76.484](#))

### Folksmarch along the Canal Trail in Jordan

APRIL 15, 9:00 AM-NOON AND APRIL 16, 1:00 PM-3:00 PM

The Jordan-Elbridge Community Center (a/k/a Jordan Elbridge Gathering Enclosure) will be our sign-in location for this month's Folksmarch.

Weather permitting, we may set up in the

outdoor pavilion located right behind the center and just adjacent to the trail. From the center, you will head west along a portion of the old Erie Canal. You will pass Lock 51 and cross into Cayuga County before reaching the turn-around spot we've indicated for those seeking a 5k walk. This portion of the Canal Trail consists of light gravel and packed dirt that could be somewhat muddy if we have a lot of precipitation in the days preceding the Folksmarch weekend.

Leashed dogs are allowed along the trail.

For those who may want to extend their walk, it's about ½ mile to the Village of Jordan. The one and only place to eat is Towpath Pizza located in a lovely old building in the Jordan Village Historic District. If you're interested in stopping in for a slice to-go, they are open daily from 11:00 - 8:00.

*(Continued on next page)*





## Directions

*From North (Fulton):* NY-48S to NY-690S to the NY-31W exit; turn right onto NY-31W; stay on NY-31W; destination will be on your right. **Watch for the driveway to the center that is located just after the municipal buildings and a way before the center.**

*From the South (Skaneateles):* Turn onto Jordan Rd; continue onto Hamilton Rd., turn left onto McLaughlin Rd., turn right onto NY-31E; destination will be on the left.

*From the East (Syracuse):* NY-690W to Exit 2; follow Brickyard Rd. and NY-173W to NY-31W; turn left onto NY-31W; destination will be on the right. **Watch for the driveway to the center that is located just after the municipal buildings and a way before the center.**

*From the West (Weedsport):* Head west on E. Brutus St. toward N. Seneca St. Turn right onto Erie Dr. (NY-31E); destination will be on the left.

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

## Do you need a walk buddy?

Want to meet new people? We often have solo walkers that would like to walk with another or in a group. Let's meet at 10:00 AM Saturday and anyone who would like to explore as a group can join in.

## Not too Late!

Still time to get your 2023 Annual Membership Pass (\$40) or a Yearly Passport membership card (\$10). The price for these has remained the same for 2023. The \$40 Annual Membership Pass includes a Yearly Passport membership card (regularly \$10) and the remaining monthly walks (\$4 per walk).

## Want to Meet New People?

We need monthly walk leaders to help plan the routes and check in participants. This is a great opportunity to meet others interested in walking around CNY. We also need help with the newsletter and social media accounts. Anyone interested in helping to keep this club going please contact Erin Cunia [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

Find us, Like us, Share us! Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

## Please Help Keep Folksmarch Going!

We are so appreciative of all the **Walk Leaders and Helpers** who show up before, during and after each month's event. Some of these folks (most of them) have been doing it for too many years to count. We need a few more willing volunteers in order to continue our walks month after month, year after year.

Wondering what's involved? It's mainly confirming details with the venue, planning a route, checking-in participants. Ideally, we would have 12 teams so everyone is only responsible for one month each year, but any amount of new folks would be great. Any one of the Board of Directors is always available to assist with any questions or snags that may come up. Besides helping your walking club to continue, being a Walk Leader provides an opportunity to meet more of your fellow Folksmarchers. Please give it some thought. Any questions or if interested, please contact CNY Folksmarch President Erin Cunia @ [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com)

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## Walk Schedule for 2023 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated!

<del>1/14 &amp; 1/15</del> <del>Destiny Mall, Syracuse</del>	7/8 & 7/9	Sterling Nature Center	
<del>2/11 &amp; 2/12</del> <del>Beaver Lake Nature Center</del>	8/12 & 8/13	Dwyer Memorial Park, Preble	
<del>3/11 &amp; 3/12</del> <del>Village of Manlius</del>	9/9 & 9/10	Reed Webster & Empire Trail	
4/15 & 4/16	Jordan Elbridge Canal Trail	10/14 & 10/15	Forest Park, Camden
5/20 & 5/21	Critz Farms, Cazenovia	11/11 & 11/12	Village of Central Square
6/10 & 6/11	Great Swamp Conservancy	12/9 & 12/10	Downtown Syracuse

Please be mindful to check each month's Footnotes and our website for location, date or time changes.



***“We should get together more often.”*** We all say this from time to time to friends and/or family members. Here's an idea - encourage them to meet you at a Folksmarch - every month or even just once in a while. You can walk - and talk - together as often as you like. If you still want to continue visiting after your excursion, you could head out for something to eat. It can become your very own monthly walking club tradition.

If you need extra incentive, how about this: for every Folksmarcher who brings a new, 1st time walker to the April, May and/or June Folksmarch, your name will be entered into a *quarterly drawing* for a \$10 gift card to Dunkin'. We'll do this again for July, August, September and then again for October, November, December.

Now's the time to start rounding up those old friends, neighbors, relatives and acquaintances and introduce them to Folksmarch. Be sure to let the Walk Leader know that you brought a first-timer so we are sure to get your name entered for the prize drawing.

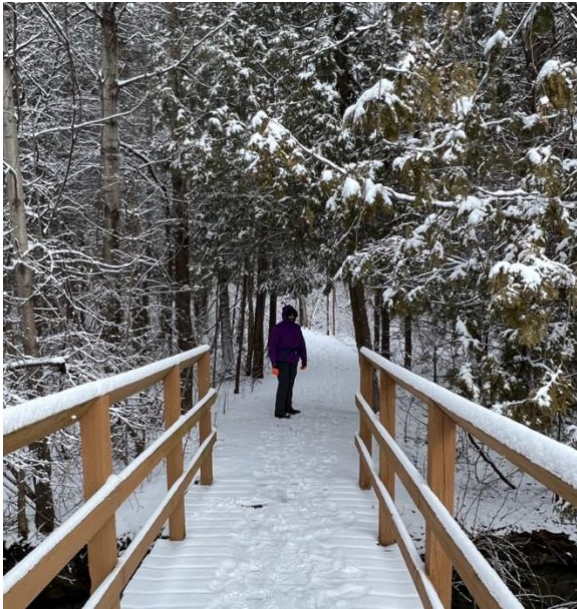


## Highlights: Swans and Fish and Geese, Oh My!

A small amount of snow and chilly weather greeted us early on Saturday morning in Manlius, although it did warm up a bit later in the morning. Sunday walkers had a sunny, warmer day to enjoy the walk to Perry Springs Park and the Fish Hatchery and then on to the Swan Pond and beyond. The sidewalks were in good shape allowing walkers to see some of the interesting business in the Village including the Manlius Cinema now under new management. Various walkers found one swan following them from one end of the sidewalk by the Swan Pond to the other end, ever hopeful for a handful of corn! On Sunday a large flock of geese were on the snow-covered lawn down the hill from the Manlius Senior Center and Library, leaving a fascinating mosaic-like picture of hundreds of three-pronged geese footprints in the snow.

Welcome First Timers: Larry B., Chris F., Cindy K., Joanne A., Beverly B., Adelaide S., Julie M., and Emma E. We hope you enjoyed this walk and perhaps saw something you hadn't known was there. Many thanks to Christ Church for being so welcoming, and thanks also to our FM workers: Sue S., Brian N., Dawn B, Erin C., and Barbara C.

Thank you again to Lori N for some great photos. Check her out on Facebook!



Ready for My Close-Up ↓



Folksmarchers enjoying the Manlius walk. ↑



## Help Spread the Word!

Here are some easy ways for you to help raise awareness about our group:

- “Like” AND “Share” Folksmarch postings on Facebook, Twitter, Instagram
- Post photos of your Folksmarch walks on Facebook, Twitter, Instagram, etc. and use the hashtag **#cnyfolksmarch** and tag us **@folksmarch**
- Email a copy of Footnotes to someone who likes to walk and/or discover new places
- Hand-out some postcards with the walking schedule (pick up a few at the next walk). ➔



Phone a friend and invite them to the next walk Tell your friends how much you enjoy Folksmarch!

The next CNY Folksmarch event will be held May 20 & 21, 2023, Critz Farms, Cazenovia.

**Please be safe and stay healthy. Keep walking!**

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>



# ROCK ISLAND LIGHTHOUSE

Clayton, NY

Tuesday, June 20, 2023

**Cost per person:**      **\$140.00 RPEA Member, Spouse, Domestic Partner**  
                                 **\$145.00 Non-RPEA**

**9:00 am**      **Depart Mattydale** – Big Lots, 2413 Brewerton Rd. (Rt. 11)

**10:45 am**      **Arrive Clayton**, prepare to board the boat for an 11:15 am departure. Enjoy a 2 ½ hour Journey on the St. Lawrence River with **Clayton Island Tours**, including an hour on **Rock Island Lighthouse State Park**. Climb the 1847 Lighthouse, tour the museum, visit the gift shop. A **picnic lunch** is included to enjoy at your leisure. Choose:

**(a) Veggie Wrap**

**(b) Roast Beef & Swiss Cheese Sandwich**

**(c) Turkey & American Cheese Sandwich**

**(d) Julienne Salad**

\*Sandwiches are served on white bread, with chips, side salad, dessert, soda or water. Salads are served with original 1000 Islands dressing.

**2:15 pm**      **Thousand Islands Winery** – Alexandria Bay

You will have the opportunity to sample up to six wines & then purchase your favorites.

**5:00 pm**      **Awesome Country Farm House Store & Flatlander Deli**

Take a look through the shop. You will find a huge variety of things for yourself or for a perfect gift. There's a selection of pre-made, ready-to-eat food as well as baked goods, candy, canned goods and snacks.

**8:00 pm**      **Approximate return to Mattydale.**

*All times are approximate & subject to change.*

**TOUR INCLUDES:** Motorcoach transportation, boat cruise, visit to Rock Island Lighthouse State Park, picnic lunch, wine tasting & shopping stop. **Driver Gratuity not included.**

**QUESTIONS:** Call Dawn Bennett at 315 437-7464 or [dbennett18@twcnny.rr.com](mailto:dbennett18@twcnny.rr.com)

**RETURN RESERVATION FORM BELOW WITH PAYMENT BY MAY 15, 2023.**

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Rock Island Lighthouse      \$140 RPEA Member, Spouse, Domestic Partner      \$145 Non-RPEA

Name(s) of all participants \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Special Needs (if any) \_\_\_\_\_

Meal Choice: (a) \_\_\_\_\_ (b) \_\_\_\_\_ (c) \_\_\_\_\_ (d) \_\_\_\_\_      Total \$145 \_\_\_\_\_ Total \$149 \_\_\_\_\_

**Make Checks Payable to CNY Wanderers and mail form and payment to:**  
**RPEA, P.O. Box 3475, Syracuse, NY 13220-3475**