



FOOTNOTES

NEWSLETTER

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

March 2023 Folksmarch

Date: Saturday, March 11, 9:00—12:00 PM and Sunday, March 12, 1:00—3:00 PM

Annual Membership Pass: \$40 Includes Yearly Passport card and 12 monthly walks.

Yearly Passport card: \$10 prorated semi-annually

Monthly Walking Rates:
First Time Walkers FREE!

Adults	\$4.00
Youth 6—18	\$1.00
5 and under	FREE
Family	\$9.00 (max)

CNY Folksmarch Inc. – 2023 Board of Directors

Erin Cunia ('23), *President*
Sue Straub ('25), *Vice President*
Adria Ripka ('24), *Secretary*
Brian Noll ('25), *Treasurer*
Other Board of Directors:
Eileen Arnold ('24), Dawn Bennett ('23),
Barbara Crane ('24).

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

FM #502 (407 East Seneca St., Manlius **GPS:** [43.00272, -75.97473](https://www.google.com/maps?q=43.00272,-75.97473))

Folksmarch in the Village of Manlius

MARCH 11, 9:00 AM-NOON AND MARCH 12, 1:00 PM-3:00 PM

We chose a late winter Folksmarch in the Village of Manlius partly so our walkers could duck into a shop or café along the route to warm up from the cold March weather. But who knows this year. Instead, we might want to stop at SnoTop for an ice cream. Another advantage in Manlius is that part of our route includes the woodsy area at Perry Springs which has a trail that is maintained by the Village even in the winter.

Folkmarchers will sign-in at Christ Church which is on the main drag (Route 173 a/k/a E. Seneca St.) about 3 blocks and on the same side of the street as the Manlius Art Cinema. The parking lot is in the back of the church off North St.



Walkers will travel along residential neighborhood streets leading to Perry Springs Park and Fish Hatchery. The hatchery has been there since 1986 and is the only one in NYS that is owned by a Village. A walk in Manlius would not be complete without passing by the Swan Pond, a CNY landmark, that has been a focal point in the Village since 1952.

We hope many Folkmarchers join us for this fun walk.

(Continued on next page)

Directions

From North (Minoa): NY-290E; turn right onto NY-257S; turn left onto E. Seneca St.

From the South (Pompey): NY-91S; turn left onto Sweet Rd., turn right onto NY-173E

From the East (Chittenango): NY-173W

From the West (Syracuse): I481 South to exit 3E to merge onto NY-5E/NY-92E; continue straight onto NY-92 (Fayette St); turn left onto E. Seneca St.

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, cnyfolksmarch@gmail.com.

*****In upcoming Footnotes, we'd love to include some brief testimonials, photos and thoughts from more of our Folksmarchers. Let us know what you enjoyed most on your walk.

*****For our Facebook and social media enthusiasts - don't forget to "check-in" at your Folksmarch location and tag yourself and friends each month. #cnyfolksmarch and @cnyfolksmarch

Do you need a walk buddy?

Want to meet new people? We often have solo walkers that would like to walk with another or in a group. Let's meet at 10:00 AM Saturday and anyone who would like to explore as a group can join in.

Not too Late!

Still time to get your 2023 Annual Membership Pass (\$40) or a Yearly Passport membership card (\$10). The price for these has remained the same for 2023. The \$40 Annual Membership Pass includes a Yearly Passport membership card (regularly \$10) and the remaining 10-monthly walks (\$4 per walk). That's a savings of \$10 per person!

Want to Meet New People?

We need monthly walk leaders to help plan the routes and check in participants. This is a great opportunity to meet others interested in walking around CNY. We also need help with the newsletter and social media accounts. Anyone interested in helping to keep this club going please contact Erin Cunia cnyfolksmarch@gmail.com.

Please Help Keep Folksmarch Going!

We are so appreciative of all the **Walk Leaders and Helpers** who show up before, during and after each month's event. Some of these folks (most of them) have been doing it for too many years to count. We definitely need a few more willing volunteers in order to continue our walks month and month, year after year.

Wondering what's involved? It's mainly confirming details with the venue, planning a route, checking-in participants. Ideally, we would have 12 teams so everyone is only responsible for one month each year, but any amount of new folks would be great. Any one of the Board of Directors is always available to assist with any questions or snags that may come up. Besides helping your walking club to continue, being a Walk Leader provides an opportunity to meet more of your fellow Folksmarchers. Please give it some thought. Any questions or if interested, please contact CNY Folksmarch President Erin Cunia @ cnyfolksmarch@gmail.com

Find us, Like us, Share us! Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

Walk Schedule for 2023 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated!

1/14 & 1/15	Destiny Mall, Syracuse	7/8 & 7/9	Sterling Nature Center
2/11 & 2/12	Beaver Lake Nature Center	8/12 & 8/13	Dwyer Memorial Park, Preble
3/11 & 3/12	Village of Manlius	9/9 & 9/10	Reed Webster & Empire Trail
4/15 & 4/16	Jordan Elbridge Canal Trail	10/14 & 10/15	Forest Park, Camden
5/20 & 5/21	Critz Farms, Cazenovia	11/11 & 11/12	Village of Central Square
6/10 & 6/11	Great Swamp Conservancy	12/9 & 12/10	Downtown Syracuse

Please be mindful to check each month's Footnotes and our website for location, date or time changes.

Highlights: A Warm & Welcoming Walk in February

The incredibly warm, sunny and spring-like weather brought out walkers in near record numbers. All the trails at Beaver Lake Nature Center were open with almost no snow or ice and only a few wet spots mostly on the Lake Loop, at least on Saturday, that required attention and slower, cautious steps. Some walkers saw a good-sized herd of deer while others soaked in the quiet with a tree-lined ramble of the environs. The inside of the building has had some changes since the last time Folksmarch was there, with beautiful new decoration in the observation area and an inside grill/snack area where several people on Saturday were able to indulge in a Hofmann's hotdog or coney prepared by volunteers.

We were happy to welcome many first timers to this Folksmarch: Cindy H., Donna H., Don K., MaryAnn P., Connor S., Erin S., Alden B., and Scott & Jenn H. It was lovely to see founders Walt & Peg P. stop by, as well as longtime walker Laura B. Thanks to the volunteer walk helpers Dawn B., Erin C., and walk leaders Brian and Sarah N. We especially thank the new management at Beaver Lake for their warm welcome and generosity by providing free parking and park entry for our group.

Thank you to Erin C. and Lori N. for some great pictures!



Help Spread the Word!

Here are some easy ways for you to help raise awareness about our group:

- “Like” AND “Share” Folksmarch postings on Facebook, Twitter, Instagram
- Post photos of your Folksmarch walks on Facebook, Twitter, Instagram, etc. and use the hashtag **#cnyfolksmarch** and tag us **@folksmarch**
- Email a copy of Footnotes to someone who likes to walk and/or discover new places
- Hand-out some postcards with the walking schedule (pick up a few at the next walk). ➔



Phone a friend and invite them to the next walk Tell your friends how much you enjoy Folksmarch!

Looking Forward to Spring!



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Don't forget to SPRING FORWARD – remember to set your clocks AHEAD 1-hour Saturday night!

See you at 1:00 PM Daylight Savings Time on Sunday, March 12.

The next CNY Folksmarch event will be held April 15 & 16, 2023, Jordan Elbridge Canal Trail.

Please be safe and stay healthy. Keep walking!

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>