



FOOTNOTES

NEWSLETTER

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

November 2022 Folksmarch

Date: Saturday, November 12, 9:00—12:00 PM, Sunday, November 13, 1:00—3:00

Annual Membership Pass: \$40

Yearly Passport Membership: \$10 prorated quarterly

Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6—18 \$1.00

5 and under FREE

Family \$9.00 (max)

CNY Folksmarch Inc. – 2022 Board of Directors

Erin Cunia ('23), *President*

Sue Straub ('22), *Vice President*

Adria Ripka ('24), *Secretary*

Brian Noll ('22), *Treasurer*

Other Board of Directors:

Eileen Arnold ('24), Dawn Bennett ('23),

Barbara Crane ('24), Elaine Davis ('22),

Mary Ledford ('22), Dawn Mackenzie

('22), Ellen Nowyj ('22), and Barbara

Sleight ('22).

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

FM #498 Address: 217 Cedar Street, Oneida

GPS Coordinates: [43.0934721,-75.6520056](#)

Folksmarch at the Oneida Rail Trail

NOVEMBER 12, 9:00 AM-NOON AND NOVEMBER 13, 1:00 PM-3:00 PM

November is a beautiful time of year in CNY. Our walk this month is in the beautiful City of Oneida. The City of Oneida is in the process of developing a trail system that circles the city that combines old railroad beds and city streets. Some of the old rail beds have been paved for easy walking. The trail also has a feeder trail to



the Erie Canal trail. The total trail is 8 miles long. We will have a few options for hiking. The kickoff point is the Oneida Recreation Center located at 217 Cedar Street in downtown Oneida. There is parking on the street in front of the building, in the rear of the building (use the main entrance from Cedar Street), and additional off-street parking at the corner of Cedar and Lenox Avenue a half a block from the Center. One hike option will be a leisure walk along recently paved rail trail heading west with a return route along Lenox Ave. A second option will take you along the rail trail to Du Ross Conservancy along Oneida Creek. This hike is a combination of rail trail, nature unpaved trails and streets. The weather will be transitioning from the warmer fall months to the colder winter months. so come prepared.

Leased dogs are allowed on the trails with the usual clean-up and behavior rules. Pet owners are asked to be courteous of walkers and wildlife.

NOTE: COVID19 precautions:

We will practice social distancing and wear masks when necessary and have sanitizer available at the sign-in table. We will observe all County, local and facility rules for staying safe and healthy.

Directions

A suggested route from Syracuse is to take the thruway east to Exit 34. Turn left (south) from the Thruway exit onto Route 13 through the beautiful community of Canastota. Turn left onto Route 5 going east. Go about 3 miles and veer left onto Lenox Ave/Route 365A. After approximately 2 miles, Turn right onto Cedar Ave. Oneida Rec. Center will be on the left.

If you would like to write about your walk or submit pictures, please submit one week following the walk to the newsletter editor, Erin Cunia, ecbcunia@gmail.com. The deadline to get content into the newsletter is the 20th of every month to have time to print and mail copies. Thank you!

Do you need a walk buddy?

Want to meet new people? We often have solo walkers that would like to walk with another or in a group. Let's meet at 10:00 AM Saturday and anyone who would like to explore as a group can join in.

We Need Help! PLEASE

In 2022 we hope to get back to normal with our walks. This includes having monthly walk leaders to help plan the routes and check in participants. This is a great opportunity to meet others interested in walking around CNY. We also need help with the newsletter and social media accounts. Anyone interested in helping to keep this club going please contact Erin Cunia cnyfolksmarch@gmail.com.

Walk Schedule for 2022 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated!

1/8 & 1/9	Destiny Mall, Syracuse	7/9 & 7/10	*UPDATED LOCATION* Fair Haven Sterling Nature Center
2/12 & 2/13	Salt City Market, Syracuse	8/13	Rogers Env. Ed. Ctr., Sherburne (Picnic)
3/12 & 3/13	Village of Cazenovia	9/10 & 9/11	Onondaga Lake Park West Shore
4/9 & 4/10	Lime Hollow, Cortland	10/8 & 10/9	Amboy 4-H Env. Ed. Ctr.
5/14 & 5/15	Webster Pond, Syracuse	11/12 & 11/13	Oneida Rail Trail
6/11 & 6/12	Village of Liverpool	12/10 & 12/11	Village of Skaneateles

Walk Schedule for 2023 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated!

1/14 & 1/5	Destiny Mall, Syracuse	7/8 & 7/9	Sterling Nature Center
2/11 & 2/12	Beaver Lake Nature Center	8/12 & 8/13	Dwyer Memorial Park, Preble
3/11 & 3/12	Village of Manlius	9/9 & 9/10	Reed Webster & Empire Trail
4/15 & 4/16	Jordan Elbridge Canal Trail	10/14 & 10/15	Forest Park, Camden
5/20 & 5/21	Critz Farms, Cazenovia	11/11 & 11/12	Village of Central Square
6/10 & 6/11	Great Swamp Conservancy	12/9 & 12/10	Downtown Syracuse

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Beautiful Fall Walk at the Amboy 4-H

We enjoyed typical Autumn weather at last month's Folksmarch: a little cool, some sun, some drizzle with colorful foliage everywhere. The Amboy 4-H Environmental Education Center is quite an interesting place. Many thanks to Sara and Linda for their hospitality and information about the center and the area. About 40 Folksmarchers made the trip to Williamstown, including first timers: Marilyn and John Volz. Welcome! Many thanks to our Folksmarch leaders: Elaine Davis and Sue Straub and helpers: Dawn Bennett, Erin Cunia, Brian, Stacy & Sara Noll. Also, thanks to Lori Newcome for the wonderful photos.



We'd love to get some feedback from those of you have walked the trails at Amboy and other Folksmarches so far this year. Did you have a favorite? Where?

On a scale of 1-10 (1 being an effortless walk and 10 being a challenging hike):

Question 1: how would you rate the trails at the Amboy 4-H Center?

Question 2: what is your favorite kind of Folksmarch? Paved walkway? Forest setting? Something else?

Please respond to cnyfolksmarch@gmail.com

Trips in Review

By Dawn Bennett

Did you join us at the **Syracuse Mets** game in May 2022? It was a beautiful, sunny day with an almost sold-out crowd. And the Mets won! We had a combination of members of Folksmarch and Retired Public Employees Assoc. In addition to your game ticket you received a parking pass (value \$7.00) and a food voucher (value \$10.00). If you missed us this year, plan on joining us next year.

We had several bus trips planned but the only one that went was the one-day trip to cruise on the Erie Canal in Lockport, NY in August 2022. Again, we had a mix of participants from Folksmarch and Retired Public Employees Assoc. For this cruise, we dined before we boarded in a very lush atmosphere with white tablecloths and china and a luscious buffet. We had a gorgeous day to cruise through the locks and ended the day at Becker Farms with a wagon ride, pie and coffee.

Remember for next year – sign up early for trips or you risk the trip being cancelled as it appears no one is interested.

Folksmarch Challenge Reminders

The Bingo Coverall and the 100-mile Challenges are due soon. Turn in your completed forms at the November or December Folksmarch in order to be entered into the drawing for a free 2023 Annual Pass.

Nominations

Sue Straub and Brian Noll have both been nominated to continue another 3-year term on the Board of Directors, starting January 1, 2023-December 31-2025. If anyone else is interested in serving on the Board, please contact Erin Cunia, cnyfolksmarch@gmail.com, as soon as possible.

According to our bylaws, the Folksmarch membership will hold our annual meeting at the December Folksmarch, Saturday, December 10, 2022. At the December meeting, the members (a quorum of at least 10%) will be asked to vote for the Board of Directors.

A. Membership

There are 2 ways to become a member:

1. Purchase an Annual Pass for 12 monthly walks at a reduced cost per walk. Receive a passport (record book), voting rights and eligibility to participate in any trips organized by Folksmarch.
2. Purchase a Yearly Passport. Pay for walks separately. Receive a passport (record book), voting rights and eligibility to participate in any trips organized by Folksmarch.

Help Spread the Word!

Here are some easy ways for you to help raise awareness about our group:

- “Like” AND “Share” Folksmarch postings on Facebook, Twitter, Instagram
- Post photos of your Folksmarch walks on Facebook, Twitter, Instagram, etc. and use the hashtag **#cnyfolksmarch** and tag us **@cnyfolksmarch**
- Email a copy of Footnotes to someone who likes to walk and/or discover new places
- Hand-out a few postcards with the walking schedule (pick up a few at the next walk). ➔



Phone a friend and invite them to the next walk Tell your friends how much you enjoy Folksmarch!

The next CNY Folksmarch event will be held December 10 & 11, at Skaneateles
Please be safe and stay healthy.

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>