

FOOTNOTES

NEWSLETTER

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

October 2021 Folksmarch

Date: Saturday, September 16: see details to the right →

Annual Pass Membership: \$40
Includes Yearly Passport Book and 12 monthly walks.

Yearly Passport Book: \$10
prorated quarterly

Monthly Walking Rates:
First Time Walkers FREE!
Adults \$4.00
Youth 6—18 \$1.00
5 and under FREE
Family \$9.00 (max)

CNY Folksmarch Inc.

Mary Ledford, *President*

Sue Straub, *Vice President*

Dawn Mackenzie, *Secretary*

Brian Noll, *Treasurer*

Other Board of Directors:

Eileen Arnold, Dawn Bennett, Barbara Crane, Erin Cunia, Elaine Davis, Adrienne Kinne, Stephanie Nicholson, Ellen Nowyj, Adria Ripka, and Barbara Sleight.

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

FM #485 (Conservation Place **GPS:** [43.04332,-76.183268](#))

Folksmarch Celebrates 40 Years in CNY



The CNY Folksmarch is celebrating 40 years! Our celebration will be Saturday, October 16, 2021 at the Rosamond Gifford Zoo at Burnet Park, located at 1 Conservation Place, Syracuse NY. For this Folksmarch we ask that walkers arrive between 9:30 AM and 10:00 AM to register. We will kick off our 40th Anniversary walk at 10:00 AM. Participants can choose to either walk the Burnet Park area or enter the Zoo at a discounted rate to walk the Zoo area, both routes returning back to the Folksmarch registration table at the Zoo entrance around 11-11:30 AM. The program will begin at 11:30 AM with special guest, County Executive, Ryan McMahon to commemorate the event. Lunch will be served at 12 noon followed by dessert. The event will end at 1:00 PM.

Please RSVP by September 30 so that we can provide Zoo catering with a final count for lunch. ([Click here to RSVP](https://forms.gle/6dSMswkTVd5mumLL8)) <https://forms.gle/6dSMswkTVd5mumLL8>

We are asking that anyone joining us for lunch (New York Deli-Style) pay \$12 per person. Participants can choose to walk only, attend the lunch only, or walk and join us for lunch. We hope you join us for both! Come celebrate 40 Years with CNY FOLKSMARCH!

Directions

From the South/East: Take I-81 N and I-690 W to exit 11 for West Street. Continue onto N West St. Turn right onto W Fayette St. Turn left onto Magnolia St. Turn right onto W Marcellus St. Turn right onto S Wilbur Ave. Turn left onto Conservation Pl. No charge for zoo parking lot.

From the North/West: Take NY-690 S and I-690 E to Hiawatha Blvd. W. Take exit 8 from I-690 E. Turn right onto Hiawatha Blvd. W. Turn left onto Eire Blvd. W. Turn right onto W Genesee St. Turn left onto W Fayette St. Turn right onto N Wilbur Ave. Turn left to stay on N Wilbur Ave. Turn left onto S Wilbur Ave. Turn right onto Conservation Pl. No charge for zoo parking lot.

NOTE: COVID19 precautions:

We will practice social distancing and wear masks when necessary and have sanitizer available at the sign-in table. **While inside the Rosamond Gifford Zoo, all Onondaga County COVID-19 protocols will be observed, including the use of masks while in the building, regardless of vaccination status.**

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, Erin Cunia, ecbcunia@gmail.com. The deadline to get content into the newsletter is the **20th of every month** in order to have time to print and mail copies. Thank you!

Walk Schedule for 2021 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated! You can Contact Mary Ledford 315-236-6985.

1/9 & 1/10	Destiny Mall, Syracuse	8/14 & 8/15	Community Park, Baldwinsville
2/13 & 2/14	Finger Lakes Mall, Auburn	9/11 & 9/12	Robert G Wehle State Park, Henderson
3/13 & 3/14	Great Northern Mall, Clay	10/16 only	Rosamond Gifford Zoo, Syracuse
4/10 & 4/11	Marcellus Park, Marcellus	11/13 & 11/14	Green Lakes State Park *UPDATE*
5/15 & 5/16	Breitbeck Park, Oswego	12/12 only	Fulton Moose Lodge Holiday Party
6/12 & 6/13	Stone Quarry Hill Art Park, Caz		
7/10 & 7/11	Labrador Hollow, Fabius		

Please be mindful to check each month's Footnotes and our website for location, date or time changes.

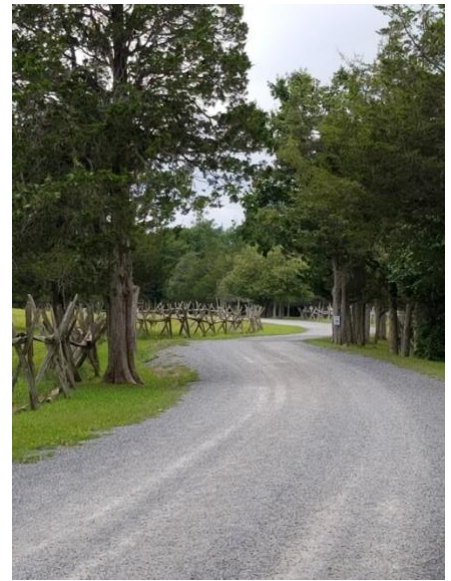
Nominations for FM Board of Directors

It is that time of year once again when we are seeking new board members. The term is for 3-years and begins January 1, 2022. Please see the attached form for the details. Let us know if you or someone you know would like to be considered for a board position. See nomination form.

Remembering the Sunshine in Henderson

The Robert G. Wehle State Park sparkled in the sunshine both Saturday and Sunday afternoon, welcoming the 47 people who walked in one of the loveliest parks in New York. Besides the many trails in the park there was a very nice play area for children, an interesting presentation of the history of the park in the building that contained the bathrooms, and lots of wide open spaces where we could imagine Mr. Wehle training his beloved dogs. A few trails meandered along the high cliffs bordering Lake Ontario where at one point a swarm of 30-40 Monarch butterflies flew into the air, startled by our walkers. Other trails gave glimpses of the remains of some military installations dating from when the park was an Army training area.

Four first timers joined us this weekend and we are happy to welcome Theresa Besanson, Jeffrey Grower, and Debbie & John Gehon. To our delight, Debbie filled in some FM history by recounting that her father had helped Walt Price get the Folksmarch program started way back in 1981!



Scenes from the park

FM'er of the Month



Lori Newcomb

Our FM'er of the month, Lori Newcomb considers herself to be an "occasional" Folksmarcher because we don't see her every month. But someone who has been walking with the group since the 1980s is certainly someone who should be featured in Footnotes.

Lori began her career with Eagle News 45 years ago when it was Brown Newspaper. After doing just about every job there is to do in the newspaper business, she is now the Operations -Circulation Manager. Lori lives just outside Baldwinsville, in Seneca Knolls, with her 20-year-old cat, Spice.

Lori has a number of long-term and varied interests, including a 25-year membership in SCCA - Sports Car Club of America where she has participated in car rallies, auto crosses and was a corner worker at Watkins

Glen. She regularly attends Super Dirt events and visits Oswego Speedway. Of course, she's been to NASCAR events in Daytona and other tracks.

Listening to live music around CNY and Albany is another favorite pastime. Lori makes sure everyone gets to enjoy the shows by posting photos and videos on her FaceBook page.

Most of our Folksmarchers, including Lori, seem to enjoy the hikes in the woodsy areas of CNY, but Lori also enjoys seeing the architecture of the homes in many surrounding villages. A recent walk along the river in Oswego was an all-time favorite.

As a true Folksmarcher, one of Lori's mottos goes like this: tomorrow is for expectations of places, ideas, and things yet to explore.

Bus Trip

Sorry to say that the bus trip has been cancelled due to increases in COVID-19 transmissions. Please contact Dawn Bennett with any questions.

Sunshine Committee

If you know of a Folksmarcher who would enjoy a card for a special occasion, please contact Elaine Mount @ (315) 668-7175.

This might include a get-well card or condolences to a family, or wishes for a very happy milestone birthday.

Help Spread the Word!

Here are some easy ways for you to help raise awareness about our group:

- 1) "Like" AND "Share" Folksmarch postings on Facebook, Twitter, Instagram
- 2) Post photos of your Folksmarch walks on Facebook, Twitter, Instagram, etc. and use the hashtag **#cnyfolksmarch** and tag us **@cnyfolksmarch**
- 3) Email a copy of Footnotes to someone who likes to walk and/or discover new places
- 4) Hand-out a few postcards with the walking schedule (pick up a few at the next walk)
- 5) Phone a friend and invite them to the next walk
- 6) Tell your friends how much you enjoy Folksmarch



Wondering what to wear to the 40-year celebration? How about getting a Folksmarch t-shirt for the bargain cost of \$16. Call Sue (315) 437-5087.



The next CNY Folksmarch event will be held November 13-14, 2021, at Green Lakes State Park. Please be safe and stay healthy.

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>

WANT TO GET MORE INVOLVED?

We are seeking nominations for the Board of Directors. We are looking for people who enjoy walking, of course, but also those who have some new ideas and energy to share. You can nominate anyone you feel would be a good fit, which even includes nominating yourself. Directors are elected for a 3-year term and can be re-elected.

The Nominating Committee will review and consider all nominations and present the slate for a vote of the entire membership prior to the beginning of the Official Year which is January 1st.

FOLKSMARCH BOARD NOMINATION
[PLEASE PRINT]

Name of Nominee:

Address:

Phone: _____ Email: _____

Occupation/Skills/Hobbies:

Reason for nomination:

Nominated by:

Contact info:

Any other info you want to share:

Please email your nomination by OCTOBER 15TH to: cnyfolksmarch@gmail.com

or

Mail to: FM Nominations c/o Sue Straub, 200 Nichols Ave., Syracuse, NY 13206