



F O O T N O T E S

N E W S L E T T E R

Web: <https://folksmarch.wordpress.com>

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July 2021 Folksmarch

Date: Saturday, July 10, 8:00—11:00 AM and Sunday, July 11, 1:00—3:00 PM

Annual Pass Membership: \$40 Includes Yearly Passport Book and 12 monthly walks.

Yearly Passport Book: \$10 prorated quarterly

Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6—18 \$1.00

5 and under FREE

Family \$9.00 (max)

CNY Folksmarch Inc.

Mary Ledford, *President*

Sue Straub, *Vice President*

Dawn Mackenzie, *Secretary*

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Other Board of Directors:

Eileen Arnold, Dawn Bennett, Barbara

Crane, Erin Cunia, Elaine Davis,

Adrienne Kinne, Stephanie Nicholson,

Ellen Nowyj, Adria Ripka, and Barbara

Sleight.

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

FM #482 (Labrador Road, Tully GPS: [42.7926033,-76.0520907](#))

Labrador Hollow Unique Area

On July 10 & 11 we'll try a new spot, Labrador Hollow Unique Area located on Labrador Road (no road number) in Tully, NY. Maintained by the Department of Environmental Conservation, the 1,474-acre conservation area is located in both Onondaga and Cortland Counties. Dogs on a leash are permitted. The area also allows hunting, fishing-- they have a boat launch on the west end of the pond--and almost 5 miles of trails. The DEC website states: "Labrador Hollow's topography is responsible for its unique character. The area is located in the middle of a valley running north to south that was dug out by glacial movement....Massive ice sheets from the last glaciation episode...retreated from the area approximately ten thousand years ago. They left behind numerous sedimentary deposits and superficial features, some of which filled with water and are now called the Finger Lakes, while others became known as valleys. The floor of Labrador Hollow's valley is only about one-half mile wide, but its walls rise abruptly for several hundred feet."

We check in next to Labrador Pond, a shallow pond that supports several warm-water fish species and aquatic vegetation. There is a very nice handicapped-accessible boardwalk of about one-quarter mile that is well worth a visit, as is Tinker Falls which is down Rt. 91 about 1.2 miles and which has a small parking lot opposite the entrance to the Falls -- 2nd parking pull-off with room for about 15 cars, after you see the Cortland County sign. There is also a small lot for handicapped parking on the left (Tinker Falls) side of the road. The parking lot next to the Cortland County sign is a bit larger and is close to the Tinker Falls lot (in case the Tinker Falls lot is full).

There is no shelter, but we will have a sign-in table at the far end of the parking lot close to the porta-potty enclosure and the path to the boardwalk. Another option for bathroom facilities could be the Burger King at the end of the Tully exit ramp, or the Circle K which is located on the left side of the road shortly after you turn onto Rt. 80, next to the entrance ramp to 81 N.

Directions

From Syracuse, take Rt. 81 S to exit 14 (Tully), then go left onto Rt. 80 E for about 12 miles (past Apulia Station) to Apulia, right onto Rt. 91 S for about 2.7 miles, right onto the road into the Unique Area (no sign stating it's Labrador Crossing Rd.) at the 2nd sign for Labrador Hollow, and the 1st left into the parking lot. From the other direction on Rt. 80 W, it would be a left turn onto Labrador Crossing Rd. not far after the sign for Onondaga County.

NOTE: COVID19 precautions:

We will practice social distancing and wear masks when necessary and have sanitizer available at the sign-in table.

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, Erin Cunia, ecbcunia@gmail.com. The deadline to get content into the newsletter is the **20th of every month** in order to have time to print and mail copies. Thank you!

Walk Schedule for 2021 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated! You can Contact Mary Ledford 315-236-6985.

1/9 & 1/10	Destiny Mall, Syracuse	8/14 & 8/15	Community Park, Baldwinsville
2/13 & 2/14	Finger Lakes Mall, Auburn	9/11 & 9/12	Robert G Wehle State Park, Henderson
3/13 & 3/14	Great Northern Mall, Clay	10/16 only	Green Lakes State Park, Fayetteville (40th Anniversary Celebration)
4/10 & 4/11	Marcellus Park, Marcellus	11/13 & 11/14	Pratts Falls, Pompey
5/15 & 5/16	Breitbeck Park, Oswego	12/12 only	Fulton Moose Lodge Holiday Party
6/12 & 6/13	Stone Quarry Hill Art Park, Caz		
7/10 & 7/11	Labrador Hollow, Fabius		

Please be mindful to check each month's Footnotes and our website for location, date or time changes.



Hurray! T-shirt weather is here!

Folksmarch t-shirts will be available at the July walk for a \$21 donation that helps support our 40-year celebration in October. If you want to reserve a shirt in your size call Sue @ 315-437-5087.

Highlights of Stone Quarry Art Park

With delightful weather on both Saturday and Sunday, the turnout for the Stone Quarry Hill Art Park was exceptional. Everyone appeared to have a lovely time whether they walked the route or just wandered to check out all the statuary. We tried to keep the route to the wider and smoother paths, bypassing many intriguing paths going off in all directions. Individuals may want to return to check out those other trails. One walker commented that she wished there were markers for all the pieces of art so we checked with the Director who said that they had to remove many markers to facilitate mowing but are working on a listing of the artwork for visitors to identify and explain what the art represents. For instance, far down the field closest to where we signed in, close to a large bush there was an animal figure I could not identify which turns out to be a Vraag, the artist's depiction of a mythical Dutch creature. Or the 200+ blue "stakes" in the field with the horse figures, which "stakes" are actually saplings being protected from animal munching.

Welcome to the 9 First Timers: June E. Joseph, Cindy Jeffries, Jane Curley, Saige Jackson, Nicolas Strobeck, Luke Brown, Kristen Richards, Susan Zande Geary and David Geary. We hope you all enjoyed both the place and the walk, and will come explore other CNY spots. Next month is at Labrador Unique Area with Tinker Falls just down the road. Thanks to helpers Pat Parker, Mary Ledford, Sue Straub and Barbara Crane.



Our gracious hosts at the art park (l-r) Sayward, Erik, Sarah and Emily.



Top and right: various art pieces at the park.



Barb Sleight about to set out for her walk.



FM'er of the Month

Holly Gang thinks she probably attended the very first Folksmarch, but if not...pretty close to it. Back then Holly was fairly new to Central New York and she wanted a method to get to know the area. Folksmarch fit the bill.

Holly works part-time as a clerk at the Marcellus Free Library. She enjoys reading and hiking and counts many of the Folksmarch special trips among her favorite things. Trips to such places as Seneca Falls, Binghamton with a ride on a carousel and trip to the zoo, Cooperstown, and more than once: snowshoeing.

Holly and her husband Bob (who just turned 103 years old!) live on Otisco Lake. When Bob was age 80, he completed the Folksmarch walk around Otisco Lake. Holly fondly recalls that fellow Folksmarcher, Barb Sleight was at his side for the entire trek.

On behalf of CNY Folksmarch, we wish Bob a very happy belated birthday!



Holly Gang

Sunshine Committee

If you know of a Folksmarcher who would enjoy a card for a special occasion, please contact Elaine Mount@ (315) 668-7175.

This might include a get-well card or condolences to a family, or wishes for a very happy milestone birthday.

About Us

Folksmarches are generally held on the second weekend every month. Registration is held between 8 am and 11 am on Saturdays, and from 1 to 3 pm on Sundays of the event. Participants walk at their own pace, and the purpose is strictly for fun, fellowship and exercise.

The route distances are a choice of either 5K (3.1 miles) or 10K (6.2 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances.

Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Pass Membership or a Yearly Passport Card is a way to become a member of the CNY Folksmarch walking group.

Ideas, Comments, Questions?

For more information about the CNY Folksmarch contact Mary Ledford at 315-236-6985 or Sue Straub at 315-437-5087 or email cnyfolksmarch@gmail.com.

The next CNY Folksmarch event will be held August 14-15, 2021, Community Park, Baldwinsville

Please be safe and stay healthy.

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>