



FOOTNOTES

NEWSLETTER

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](https://www.facebook.com/folksmarch) Twitter: [@folksmarch](https://twitter.com/folksmarch) Instagram: [@folksmarch](https://www.instagram.com/folksmarch)

May 2021 Folksmarch

Date: Saturday, May 15, 8:00—11:00 AM and Sunday, May 16, 1:00—3:00 PM

Annual Pass Membership: \$40 Includes Yearly Passport Book and 12 monthly walks.

Yearly Passport Book: \$10 prorated quarterly

Monthly Walking Rates:

First Time Walkers FREE!

Adults \$4.00

Youth 6—18 \$1.00

5 and under FREE

Family \$9.00 (max)

CNY Folksmarch Inc.

Mary Ledford, *President*

Sue Straub, *Vice President*

Dawn Mackenzie, *Secretary*

Brian Noll, *Treasurer*

Other Board of Directors:

Eileen Arnold, Dawn Bennett, Barbara Crane, Erin Cunia, Elaine Davis, Adrienne Kinne, Stephanie Nicholson, Ellen Nowyj, Adria Ripka, and Barbara Sleight.

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

FM #480 (91 Lake St, Oswego **GPS: 43.461467, -76.523886**)

May Walk at Breitbeck Park in Oswego

Our May walk brings us to the beautiful shoreline of Lake Ontario. Breitbeck Park in Oswego NY. 91 Lake Street Oswego, NY 13126. This lakefront community park offers a playground, green open space, a picnic area, the notable bell tower and the most spectacular sunsets. It is also host to Oswego's yearly Harborfest that usually runs from mid to late July. The "In Memory" plaques on the benches throughout the park are impressive.



Directions

From Syracuse and areas East

Take 481 north, turn left onto W. Bridge St., turn right onto W. 1st St., turn left onto Lake St. to the top of the hill; parking lot will be on the right.

You can also take 690 west to Route 48 north through Fulton, Minetto and Oswego and turn left onto Lake St. to the top of the hill; parking lot will be on the right.



NOTE: COVID19 precautions:

We will practice social distancing and wear masks when necessary and have sanitizer available at the sign-in table.

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, Erin Cunia, ecbcunia@gmail.com. The deadline to get content into the newsletter is the **20th of every month** in order to have time to print and mail copies. Thank you!

Want a little more?

Our official monthly walks are usually the second weekend every month. This month join board member Erin Cunia, Saturday, May 8 for an extra walk of the Breitbeck Park trails. We will meet at 10:00 AM and walk a 5K, approximately 3.1 miles.

Walk Schedule for 2021 (subject to change)

Please consider serving as a walk leader. Any help would be appreciated! You can Contact Mary Ledford 315-236-6985.

1/9 & 1/10	Destiny Mall, Syracuse	8/14 & 8/15	Community Park, Baldwinsville
2/13 & 2/14	Finger Lakes Mall, Auburn	9/11 & 9/12	Robert G Wehle State Park, Henderson
3/13 & 3/14	Great Northern Mall, Clay	10/16 only	Green Lakes State Park, Fayetteville (40th Anniversary Celebration)
4/10 & 4/11	Marcellus Park, Marcellus	11/13 & 11/14	Pratts Falls, Pompey
5/15 & 5/16	Breitbeck Park, Oswego	12/12 only	Fulton Moose Lodge Holiday Party
6/12 & 6/13	Stone Quarry Hill Art Park, Caz		
7/10 & 7/11	Labrador Hollow, Fabius		

Please be mindful to check each month's Footnotes and our website for location, date or time changes.



Hurray! T-shirt weather is on the way!

Folksmarch t-shirts will be available at the May walk for a \$21 donation that helps support our 40-year celebration in October. If you want to reserve a shirt in your size call Sue @ 315-437-5087.

Summer-like Day at Marcellus Park

Saturday at Marcellus Park made us think summer had come with temperatures around 80 degrees by noon even if much cooler when we started at 8 am. And Folksmarchers came out in droves to enjoy this lovely park, 50 people on Saturday and another 15 on Sunday which was cooler but dry until just before 3 pm. This gorgeous, well-maintained park has everything – nice walking paths, open areas, some forest, a sparkling stream with trout for the fishermen. The park personnel welcomed FM with enthusiasm and were ever so helpful.

Eleven first timers joined us over the weekend. Welcome Eileen Corlett, Ken Stapleton, Robert & Andrea Marsh, Donna Conway, Patrick Santmyer, Bob & Penny Talomie, Sara Cavallo, Cameron Gurne and Frank Welton. We hope you had a lovely walk and an enjoyable day - come again, we'd love to get to know you more.

Thank you to our dedicated helpers, Lee & Elaine Mount, Dawn Bennett, Sue Straub, Dawn MacKenzie, Barbara Sleight, Adria Ripka and Barbara Crane. Folksmarch would not happen without you!



A couple of the many newcomers we had!



Above: Board member, Adrienne Kinne (3rd from right) used Sunday at Marcellus Park as a mini family get together.

Left: Sara Noll and her dad, Brian received their \$10 Dunkin gift card as 1st place winners of the FM game at the Great Northern Mall walk.

FM'er of the Month

Our former Treasurer, Larry Webster has been a Folksmarcher for the past 10 or so years. He served as Treasurer from May 2018 through July 2020.

He and his wife are avid walkers who not only venture out for a daily stroll but attend just about every single Folksmarch each month. After their routine walk, they like some quiet reading time and often enjoy watching SU and/or Mets games.

Larry and Linda have been married for over 60 years; have 2 children, 4 grandchildren and 8 great-grandchildren. Prior to moving to the Onondaga Hill area to live, they resided in Homer, NY where Larry was employed for 30 years as the Registrar at SUNY Cortland.

He is the proud recipient of a SUNY Chancellor's Award, along with a Certificate of Appreciation from the Department of Defense and cherishes an appreciation plaque he received from the David Harum Baseball League in Homer.

Larry and Linda do not recall their first Folksmarch, but they do remember helping out at many of the walk locations including the LeMoyne college campus, Beak and Skiff orchard, a trail in Homer, NY and Fort Ontario-Safe Haven. Among their other travels, they have enjoyed some Folksmarch trips including the visits to Washington DC and New York City.

Larry says that faith, hope and love have resulted in developing life-long friends, and he and Linda count several Folksmarchers among them.



Larry and Linda Webster

Sunshine Committee

If you know of a Folksmarcher who would enjoy a card for a special occasion, please contact Elaine Mount@ (315) 668-7175.

This might include a get-well card or condolences to a family, or wishes for a very happy milestone birthday.

40th Anniversary Celebration – SAVE THE DATE: October 16, 2021

Our 40th Anniversary Celebration is less than 6-months away! We are looking to put together a planning committee for the event. Erin Cunia has volunteered to Chair the planning committee.

Volunteers Wanted!

Please contact Erin Cunia, ecbcunia@gmail.com to volunteer and help with any of the following.

Event Team:

- Venue
- Speakers
- Entertainment
- Refreshments
- Publicity
- Sponsors
- Volunteers

Board Meeting

The Board of Directors will be meeting May 15th. If any Folksmarch member has an item they'd like presented to the Board, please contact any board member you know or email cnyfolksmarch@gmail.com or call Mary Ledford 315-236-6985 or Sue Straub 315-437-5087 for the item to be added to the agenda. Thank you for your interest in CNY Folksmarch.

About Us

Folksmarches are generally held on the second weekend every month. Registration is held between 8 am and 11 am on Saturdays, and from 1 to 3 pm on Sundays of the event. Participants walk at their own pace, and the purpose is strictly for fun, fellowship and exercise.

The route distances are a choice of either 5K (3.1 miles) or 10K (6.2 miles). Routes vary at each location, but normally include a combination of paved walkways and natural settings. Routes are marked and a map is provided to each walker. A shorter modified route is always available to those who choose not to walk the longer distances.

Participants receive a button to commemorate the walk and yearly passport cards are available (for a fee) for participants to record their personal accomplishment after each walk. Purchasing an Annual Pass Membership or a Yearly Passport Card is a way to become a member of the CNY Folksmarch walking group.

Ideas, Comments, Questions?

For more information about the CNY Folksmarch contact Mary Ledford at 315-236-6985 or Sue Straub at 315-437-5087 or email cnyfolksmarch@gmail.com.



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The next CNY Folksmarch event will be held June 12-13, 2021, Stone Quarry Hill Art Park, Cazenovia

Please be safe and stay healthy.

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>