



## A Recreational Non-Competitive Walking Group

### March 2021 Folksmarch

**Date:** Saturday, March 13, 8:00—11:00 AM or Sunday, March 14, 1:00—3:00 PM

**Annual Pass Membership \$40**  
Includes Yearly Passport Book and 12 monthly walks

**Yearly Passport Book \$10**  
prorated quarterly

**Monthly Walking Rates**  
First Time Walkers FREE!  
Adults \$4.00  
Youth 6—18 \$1.00  
5 and under FREE  
Family \$9.00 (max)

### CNY Folksmarch, Inc.

Mary Ledford, President  
Sue Straub, Vice President  
Dawn Mackenzie, Secretary  
Brian Noll, Treasurer  
Other Board of Directors:  
Eileen Arnold, Dawn Bennett,  
Barbara Crane, Erin Cunia,  
Elaine Davis, Adrienne Kinne,  
Stephanie Nicholson, Ellen  
Nowyj, Adria Ripka, and  
Barbara Sleight.

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

# FOOTNOTES

## NEWSLETTER

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](https://www.facebook.com/@folksmarch) Twitter: [@folksmarch](https://twitter.com/@folksmarch) Instagram: [@folksmarch](https://www.instagram.com/@folksmarch)

FM# 478 ( 4155 NY-31, Clay **GPS: 43.1885859,-76.226878**)

### Winter Walk at Great Northern Mall

Winter is still hanging on, so we'll be walking at the Great Northern Mall on Saturday and Sunday, March 13 & 14, 2021. The address is 4155 NY Rt. 31, Clay, NY 13041. Use one of the entrances at the back of the mall near the Movie Theaters - either on the right of the Theaters or the Mall Office entrance to the left of the Movie Theaters. The Great Northern Mall opened on October 5, 1988 with 80 stores, a food court, and a 10-screen Regal Cinemas multiplex. As with many other malls in Central New York, Great Northern has lost some of its stores over the last several years but is working towards a come-back. Because there is only one level, walking around the inside 4 times, or as many as you want, will be easy to do. Stopping to shop and snack, of course, may hold you up a bit! If the sun deigns to shine and the temperature warms up, one can always make 3 circuits around the outside of the mall.

Enter through the rear of the mall near the Movie Theaters on the right or the Mall Office entrances to the left of the Movie Theaters. We will be set up in the Food Court.

#### Directions

**From the North or South**, take Rt. 481 to Exit 12. If from the North, turn left onto Rt. 31 / if from the South, turn right onto Rt. 31, then left into the mall entrance where you see the Regal Cinemas 10 sign. Go to the rear of the mall near the Movie Theaters and enter using either the entrance on the right of the Theaters or the Mall Office entrance to the left of the Theaters.

**From the East or West**, follow Rt. 31 to the Regal Cinemas 10 sign to enter the mall and proceed to the rear where the entrances near the Theaters are located as stated above.

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, Erin Cunia, [ecbcunia@gmail.com](mailto:ecbcunia@gmail.com). The deadline to get content into the newsletter is the **15<sup>th</sup> of every month** in order to have time to print and mail copies. Thank you!

**NOTE: COVID19 precautions:**

We will practice social distancing and wear masks when necessary and have sanitizer available at the sign-in table.

## Walk Schedule for 2021 (This is a tentative Schedule)

Please consider serving as a walk leader. Any help would be appreciated! You can Contact Mary Ledford 315-236-6985.

1/9 & 1/10 Destiny Mall, Syracuse  
2/13 & 2/14 Finger Lakes Mall, Auburn  
3/13 & 3/14 Great Northern Mall, Clay  
4/10 & 4/11 Reed Webster Park, Camillus  
5/15 & 5/16 Breitbeck Park, Oswego  
6/12 & 6/13 Stone Quarry Hill Art Park, Caz

7/10 & 7/11 Labrador Hollow, Fabius  
8/14 & 8/15 Community Park, Baldwinsville  
9/11 & 9/12 Robert G Wehle State Park, Henderson  
10/16 only Green Lakes State Park, Fayetteville (40th Anniversary Celebration)  
11/13 & 11/14 Pratts Falls, Pompey  
12/12 only Fulton Moose Lodge Holiday Party

Please be mindful to check each month's Footnotes for date and even time changes.

## February Walk in the Fingerlakes

The Mall was quiet and served as a nice place to walk, on Saturday there was a small craft show happening.

We had 24 walkers on Saturday and 11 walkers on Sunday, of which we had 5 new walkers join us. Welcome to our new walkers: Nicholas and daughter Makayla Fowler, David Morris, and Amy and Timothy Jackson. We are excited that you joined us.

Thank you to everyone that joined us at Auburn's Fingerlakes Mall. And the volunteers, Sue Straub, Barbara Crane and Mary Ledford.



Ron Male at the Mall



## Fun & Games

To add a little adventure to yet another mall walk, we'll be providing supplies for a game that will be fun-for-the-whole-family to play while walking at Great Northern Mall. So, bring the kids or the grandkids or find your inner kid and come join us. There will be a sweet treat for every participant and a special prize for the top 2 scorers. After the tally, the winners will be announced in an upcoming Footnotes and arrangements will be made to receive their prize.

## FM'er of the Month

This month we focus on a long term FM'er who has recently joined the ranks as an officer on the Board of Directors. Our Treasurer, **Brian Noll** participated in his first Folksmarch in 1990 with his then finance, Stacy. Since that time, Brian has kept busy working as an Elementary School Teacher in the North Syracuse District while helping Stacy raise 2 active children in their Liverpool home.

Folksmarch took a bit of a backseat during the early 2000s, when the children were into sports and the family was enjoying weekends camping, hiking, kayaking, playing tennis and traveling. Even then, the Noll's found some time to join Folksmarch for a few walks each year and have been avid participants since 2011. They appreciate that CNY Folksmarch provides an opportunity to explore parts of the community that they may not have discovered on their own.

Brian says his most memorable Folksmarch was in October 1991 at Green Lakes State Park, which took place the day after he and Stacy were married. As the Noll's approach their 30<sup>th</sup> wedding anniversary, CNY Folksmarch approaches its 40<sup>th</sup> anniversary. Brian fondly recalls that the walk in October of '91 was on a gorgeous autumn day. Here's hoping this year's walk and celebration at Green Lakes will be just as wonderful.



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## Sunshine Committee

If you know of a Folksmarcher who would enjoy a card for a special occasion, please contact Elaine Mount @ (315) 668-7175.

This might include a get-well card or condolences to a family, or wishes for a very happy milestone birthday.

## National Park Quarters



For those of you who have been collecting the National Park Quarters for the past 10+ years, the last coins of the series will be issued in 2021. If you would like to order them, please contact Walt Price @ (315) 475-6741.

## Ideas, Comments, Questions?

For more information about the CNY Folksmarch contact Mary Ledford at 315-236-6985 or Sue Straub at 315-437-5087 or email [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).



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The next CNY Folksmarch event will be held April 10-11, 2021, Reed Webster Park, Camillus.  
Please be safe and stay healthy.

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>