



## A Recreational Non-Competitive Walking Group

### February 2021 Folksmarch

**Date:** Saturday, February 13,  
8:00—11:00 AM or Sunday,  
February 14, 1:00—3:00 PM

**Annual Pass Membership** \$40  
Includes Yearly Passport Book  
and 12 monthly walks

**Yearly Passport Book** \$10  
prorated quarterly

#### Monthly Walking Rates

First Time Walkers FREE!

Adults	\$4.00
Youth 6—18	\$1.00
5 and under	FREE
Family	\$9.00 (max)

#### CNY Folksmarch, Inc.

Mary Ledford, President  
Sue Straub, Vice President  
Dawn Mackenzie, Secretary  
Brian Noll, Treasurer  
Other Board of Directors:  
Eileen Arnold, Dawn Bennett,  
Barbara Crane, Erin Cunia,  
Elaine Davis, Adrienne Kinne,  
Stephanie Nicholson, Ellen  
Nowyj, Adria Ripka, and  
Barbara Sleight.

A folksmarch is a non-competitive walking event conducted monthly for people of all ages and abilities in Central New York.

# FOOTNOTES

## N E W S L E T T E R

Web: <https://folksmarch.wordpress.com>

Facebook: [@folksmarch](#) Twitter: [@folksmarch](#) Instagram: [@folksmarch](#)

FM# 477 ( 1579 Clark Street Rd, Auburn **GPS:** [42.930, -76.612](#))

### February Folksmarch: Fingerlakes Mall

Finger Lakes Mall is located near Auburn, NY on Routes 5 and 20. The mall, opened in 1980, is home to Bass Pro Shop, The Great Outdoor RV Center, as well as other shops, a food court and Track Cinema. There are other restaurants and stores nearby including Aldi's, Dick's, Kohl's, Ollie's and Home Depot.

Auburn is a historic city. Once known as Hardenbergh's Corners in the Town of Aurelius, it was renamed in 1805, incorporated as a village in 1815 and became a city in 1848. More than once, Auburn has been ranked by Forbes as one of the Best Small Cities to raise a family in the Northeast.

The best Entrance to use for the sign in table at Finger Lakes mall is to park in the rear of the mall and enter food court on either side of the Cinema.

There are many places to see and things to do in and around Auburn, but due to COVID it would be wise to check the hours before visiting. Some points of interest are:

- Auburn Correctional Facility (1816)
- Cayuga Museum of History in the Willard-Case Mansion (1836)
- Fort Hill Cemetery
- Harriet Tubman National Historical Park
- Schweinfurth Art Center
- Seward House Museum
- Willard Memorial Chapel
- South Street Auburn Historic Walking Tour

#### Directions

Take Route 690 west from Syracuse to Route 695 (Auburn bypass) and follow signs to Auburn to end. Turn right onto Route 5 west and follow through Elbridge and city of Auburn. About 1 mile outside Auburn see the Fingerlakes Mall with the Bass Pro Shops on the right.

From Fulton and points north, take 104 west to route 34 south to route 5 and turn right and the mall will be a few miles up on the right.

**NOTE: COVID19 precautions:**

We will practice social distancing and wear masks when necessary and have sanitizer available at the sign-in table.

If you would like to write about your walk or submit pictures, **please submit one week following the walk** to the newsletter editor, Erin Cunia, [ecbcunia@gmail.com](mailto:ecbcunia@gmail.com). The deadline to get content into the newsletter is the **15<sup>th</sup> of every month** in order to have time to print and mail copies. Thank you!

## Walk Schedule for 2021 (This is a tentative Schedule)

Please consider serving as a walk leader. Any help would be appreciated! You can Contact Mary Ledford 315-236-6985.

1/9 & 1/10	Destiny Mall, Syracuse	7/10 & 7/11	Labrador Hollow, Fabius
2/13 & 2/14	Finger Lakes Mall, Auburn	8/14 & 8/15	Community Park, Baldwinsville
3/13 & 3/14	Great Northern Mall, Clay	9/11 & 9/12	Robert G Wehle State Park, Henderson
4/10 & 4/11	Reed Webster Park, Camillus	10/16 only	Green Lakes State Park, Fayetteville (40th Anniversary Celebration)
5/15 & 5/16	Breitbeck Park, Oswego	11/13 & 11/14	Pratts Falls, Pompey
6/12 & 6/13	Stone Quarry Hill Art Park, Caz	12/12 only	Fulton Moose Lodge Holiday Party

Please be mindful to check each month's Footnotes for date and even time changes.

## At Destiny in January

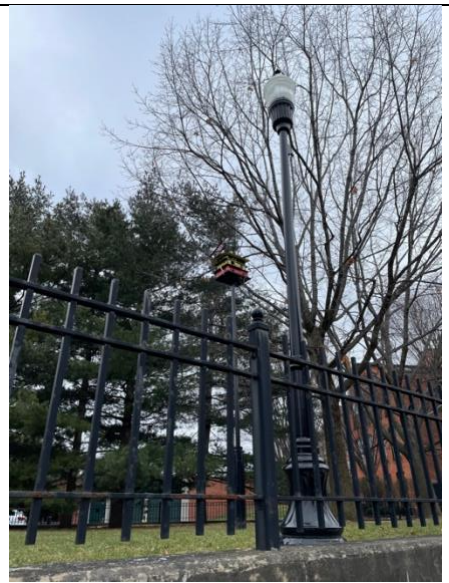
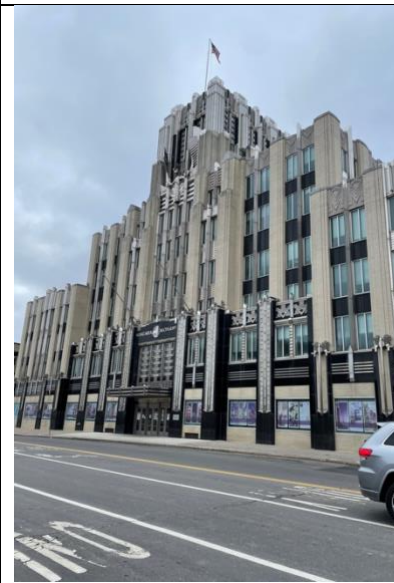
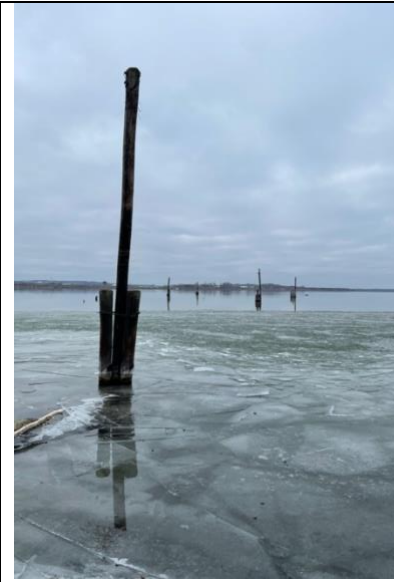
A new year brought some changes due to COVID-19 precautions, but also optimism about upcoming vaccines and hopefully more locations being open. CNY FM as well as Destiny mall required masks and distancing between people, but that doesn't stop our dedicated walkers. Because the majority of stores did not open until 11 am, we had the mall mostly to ourselves on Saturday morning. And early Sunday afternoon was not crowded, either. With Saturday being on the cool side, the majority of people walked inside although a few hardy souls ventured out along the Creek Walk to the Inner Harbor and back, with Ron Male getting kudos for going all the way into Syracuse and back!

The buttons for both December's virtual walk and January were available but the stamps for both months did not arrive in time and should be available next month. For those with questions about the white space in the middle of the January button, it is the 2-faced Roman god Janus from whom January gets its name – hide one half with your finger and you can see the face better. We also had t-shirts available promoting Folksmarch's 40<sup>th</sup> anniversary which we'll be celebrating in October.

Welcome to first timers Jaclyn Fedrizzi and Theresa Grudzinski and to Mary Tiedemann who had walked with FM many years ago and is now able to come back – we look forward to seeing you all next month! Thanks to all who purchased Annual Passes, yearly Passports and t-shirts. And, of course, thanks to Mary Ledford, Dawn MacKenzie, Sue Straub and Barbara Crane, our volunteers who worked at the tables.

## An Alternate Route: the Creek Walk, by Erin Cunia

This month at Destiny provided an alternate route, especially if you were looking to do a 10K. Starting at the mall parking lot, I walked north to the beginning of the Creek Walk at Onondaga Lake. Following the signs back to the mall and across the bridge on Hiawatha brings you to the other side of the creek, heading towards downtown. At some points along the way the Creek Walk and the new Empire Trail run together. The path winds past the Inner Harbor, through Franklin Square, and down the City streets to Armory Square. From end-to-end it is 2.55 miles, so I walked a little over 5 miles back to my starting location at the mall and finished up inside. It's a nice walk and I would do it again!





## FM'er of the Month

One of our new Board members, Adrienne Kinne is also one of our newest members who joined Folksmarch in September 2020 at the Cedar Bay walk. But in a way she is really a returning member. Adrienne has a vague memory of her grandparents bringing her to Folksmarches when she was a very young child. She still has some of their pins.

Adrienne grew up in Utica, NY and joined the military straight out of high school. Since departing the Army in 2004, she has become a peace and social justice activist. She and her husband, Danny, met through Veterans For Peace. In 2018 they moved back to CNY from London, UK. Since January 2020, Adrienne has served as the National Board President of Veterans For Peace. She and Danny reside in the Town of Litchfield in Herkimer County with their “awesome dog and fabulous cat.”



Adrienne says what she likes most about Folksmarch is exploring different places in CNY that she may not have discovered on her own and also likes connecting with people. Besides serving on the Folksmarch Board, she has taken on the duties as our social media coordinator - posting on Facebook and updating our website.

Like so many of us, Adrienne is looking forward to post-Covid when we can mix social gatherings back into our walking adventures. She feels that communities and groups who share passion and goals is what keeps the fire going. This thought seems quite fitting for our group since we have continued the monthly walks throughout this incredibly challenging year. Adrienne is certainly a welcome addition to Folksmarch.

## Sunshine Committee

If you know of a Folksmarcher who would enjoy a card for a special occasion, please contact Elaine Mount @ (315) 668-7175.

This might include a get-well card or condolences to a family, or wishes for a very happy milestone birthday.

## National Park Quarters



For those of you who have been collecting the National Park Quarters for the past 10+ years, the last coins of the series will be issued in 2021. If you would like to order them, please contact Walt Price @ (315) 475-6741.

## New year! New look! New t-shirt!

### Same great organization!

Out of the 39 participants that walked in January at Destiny, 19 of them will be sporting a sharp new t-shirt. The shirts will be available again in February for a \$21 donation.



If you would like one sooner than that OR you can't attend the walk in February OR you want Valentine gifts for everyone you know, you can place an order via email: [sue.straub58@gmail.com](mailto:sue.straub58@gmail.com) or call Sue (315) 437-5087.

Remember the proceeds will go toward the 40-year celebration in October.

### Ideas, Comments, Questions?

For more information about the CNY Folksmarch contact Mary Ledford at 315-236-6985 or Sue Straub at 315-437-5087 or email [cnyfolksmarch@gmail.com](mailto:cnyfolksmarch@gmail.com).

Happy  
Valentine's  
Day

[This Photo](#) by Unknown Author is licensed under [CC BY-NC-ND](#)

The next CNY Folksmarch event will be held March 13-14, 2021, location TBA.

Please be safe and stay healthy.

CHECK WEBSITE FOR UPDATES <https://folksmarch.wordpress.com>